



CURRICULUM VITAE

DR. MICHAEL A. KARANIKAS

M.D., M.Sc., Ph.D., FACS

**Associate Professor of General Surgery
Medical School
Democritus University of Thrace**

ALEXANDROUPOLIS

APRIL 2022

1. PERSONAL INFORMATION

Name:	Michail Karanikas
Fathers name:	Apostolos
Place of Birth	Larissa, Greece
Date of Birth	22 April 1969
Nationality	Greek
Contact Details	Venizelou 94-96, 68131, Alexandroupolis, Greece Tel: +302551113134, +302551351328. Mobile: +306974107504 Email: michaelkaranikas@yahoo.gr , mkaranik@med.duth.gr Site: www.mkaranikas.gr
Civil Status	Married with three children

2. PRESENT POSITION

September 2021 – present Associate Professor of Surgery at the First Department of Surgery, Democritus University of Thrace, University Hospital of Alexandroupolis, Greece.

3. SPECIALIZATION

General Surgery (2nd IKA Hospital “Panagia” Thessaloniki and University Hospital of Alexandroupolis, Greece)

- Hepatobiliary and Pancreatic Surgery (University Surgery Clinic of Heidelberg Germany)
- Diploma D’University of Laparoscopic Surgery, (University of Strasbourg).

4. UNDERGRADUATE/POSTGRADUATE STUDIES – DEGREES

Secondary Education

1981-1987: Graduate from 2ND High school of Larissa, Greece

Undergraduate studies

1989-1995	MD Degree, Faculty of Medicine. Graduate from the Medical School of Aristotle University of Thessaloniki, (95/00172)15/11/1995 Greece
28/11/1995	Medical License: (10981), 28 November 1995, Prefecture of Larissa, Greece

Postgraduate studies

- 6/1998 – 5/2003 Resident at Surgical Department, 2nd IKA Hospital “Panagia” Thessaloniki
- 7/2003 – 8/2004 Resident at First Department of Surgery, Democritus University of Thrace, University Hospital of Alexandroupolis, Greece.
- During this time the following sub-trainings were completed:
 - February 2002 – July 2002 Urology clinic, 2nd IKA Hospital six-month training
 - February 2004 - August 2004 State ENT Clinic, University General Hospital of Alexandroupolis six-month training.
- 2002 – 2003 8th postgraduate program of Emergency Pre-hospital Medicine of (National Emergency Center) in Thessaloniki, lasting 1 year. Graduation after successful oral and written exams (588/ 18 December 2003).
- 30/9/2004 Qualified General Surgeon: (3575) 30 September 2004, Prefecture of Evros, Greece
- April 2006 PhD: “Study of the parameters of the apoptotic process in thyroid nodules in vivo” (292, 11 April 2006) at the First Department of Surgery, Democritus University of Thrace, University Hospital of Alexandroupolis, Greece.
- October 2007 MSc in HPB Surgery: “Effect of pringle manipulation on the oxidative state of the liver after repeated hepatectomy. Experimental study in rats” (55, 2 October 2007) Democritus University of Thrace, University Hospital of Alexandroupolis, Greece.
- 7/2012 - 1/2013 6-month educational leave at the University Surgery Clinic of Heidelberg Germany (UniversitatKlinikum Heidelberg Chirurgische Klinik), Director Professor Markus Wolfgang Büchler for specialization in Hepatobiliary Surgery.
- 19/5/2017 Diploma in Laparoscopic Surgery from the University of Strasbourg, France.
Diploma D 'University of Laparoscopic Surgery, University of Strasbourg

5. CLINICAL POSITIONS

- 9/2021- today After election with the degree of Associate Professor of Surgery at First Department of Surgery, Democritus University of Thrace, University Hospital of Alexandroupolis, Greece

- 03/2013 - today Consultant Surgeon at the GENESIS and AGIOS LOUKAS Private General Hospitals, Thessaloniki , Greece
- 02/2017 - 8/2021 After election with the degree of Assistant Professor of Surgery at First Department of Surgery, Democritus University of Thrace, University Hospital of Alexandroupolis, Greece
- 4/2013 - 02/2017 After election with the degree of Assistant Professor of Surgery at First Department of Surgery, Democritus University of Thrace, University Hospital of Alexandroupolis, Greece
- 7/2012 – 1/2013 6-month educational leave at the University Surgery Clinic of Heidelberg Germany (UniversitatKlinikum Heidelberg Chirurgische Klinik), Director Professor Markus Wolfgang Büchler for specialization in Hepatobiliary Surgery.
- 5/2008 - 4/2013 After election with the degree of Lecturer of General Surgery at First Department of Surgery, Democritus University of Thrace, University Hospital of Alexandroupolis, Greece
- 3/2007 - 3/2008 Consultant Surgeon at First Department of Surgery, Democritus University of Thrace, University Hospital of Alexandroupolis, Greece
- 2/2006 - 2/2007 Consultant Surgeon at First Department of Surgery, Democritus University of Thrace, University Hospital of Alexandroupolis, Greece
- 11/2004 - 11/2005 Consultant Surgeon at First Department of Surgery, Democritus University of Thrace, University Hospital of Alexandroupolis, Greece
- 7/2003 - 8/2004 Resident at First Department of Surgery, Democritus University of Thrace, University Hospital of Alexandroupolis, Greece.
- 6/1998 - 5/2003 Resident at Surgical Department with simultaneous training in Surgical Resuscitation Unit and in the Endoscopic Invasive Unit of the Clinic (endoscopies and invasive ERCP) 2nd IKA Hospital “Panagia” Thessaloniki, Greece.
- 10/1997 – 6/1998 Surgical Department of General Hospital of Kastoria, Greece, during rural service.

6. MILITARY AND RURAL SERVICE

- 1/1996 – 1/1997 Sergeant - Doctor, Air Force, prescribed training in aviation medicine 251 General Hospital.
- 2/1997 - 6/1998 Barren rural service at Skalochori, Kozani and at Surgical Department of General Hospital of Kastoria, Greece.

7. GMC MEMBER (London) UK

GMC member (London) UK (fully registered medical practitioner with specialist registration) since 2010 for one year.

8. TEACHING EXPERIENCE

- 2008 – Today teaching from the Amphitheater, group practice in the rooms in the undergraduate education of the students of the Medical School in the context of the courses of Surgical Semiology, Surgical Pathology and General Surgery. During the teaching, emphasis is placed on the cultivation of practical clinical and paraclinical skills, participation in the on-call program, as well as attending surgeries. Instructor of the course of Surgical Pathology in 4th Grade.
- 2003 – Today Today Instructor at the postgraduate level (specialized doctors) with educational visits, lectures and patient case analyzes and surgical training.
- 2016 - 2021 MSc Participation with lectures and as a supervisor in postgraduate diplomas in the Postgraduate Program "Clinical - Surgical Anatomy" of the Medical School of Democritus University of Thrace during the Academic years 2016-17, 2017-18, 2018-19 and 2020-21 (<http://www.anatomy-duth.gr>)
- 2020-2021 MSc Participation with lectures in the Postgraduate Program "Methodology of modern treatment of renal insufficiency" of the Medical School of Democritus University during the academic year (2020-2021): [/duthnephrol.blogspot.com/](http://duthnephrol.blogspot.com/))
- 2018 - 2021 MSc Participation with lectures and as a supervisor in postgraduate diplomas in the Postgraduate Program "Vascular Strokes" of the Medical School of Democritus University of Thrace during the academic years 2018-19, 2019-20 and 2020-21 (<http://strokeduth.gr/>).
- 2020-21-22 MSc Participation with lectures in the Postgraduate Program "Surgical Infections - Diagnosis - Treatment - Prevention" of the Medical School of the Aristotle University of Thessaloniki during the year 2020-21 [//surginfections.web.auth.gr/](http://surginfections.web.auth.gr/))
- 2020 -21-22 MSc Participation with lectures in the Postgraduate Program "Endocrine Glands" of the Medical School of the Aristotle University of Thessaloniki during the academic year 2020-21 (<http://endocr.gr>)

- 2021-2022 MSc Participation with lectures in the Postgraduate Program "Surgical Digestive Oncology" of the Medical School of the Aristotle University of Thessaloniki during the year 2021-22 ([//surginfections.web.auth.gr/](http://surginfections.web.auth.gr/))
- 2014 - today Participation in three-member and seven-member committee in 5 doctoral dissertations successfully completed and two more in preparation
- 2016 - today Supervisor in three masters successfully completed and also supervisor and three member committee in 5 more in preparation
- 2019 - Today ATLS course Instructor
- 2019 - Today Instructor of the Hellenic Surgical Society
- 2003 – 2005 Instructor of pre-hospital treatment courses for the injured to the staff of National Emergency Center 9th branch of Alexandroupolis and at I.E.K. of the same annex.
- 2011 – 2012 Instructor of the course Surgical Nursing III within the 3rd Unit of the program of Surgical Nursing specialty held at the General Hospital of Alexandroupolis
- 2014 – 2016 Head of Scientific Program and Instructor at the 1ST , 2ND 3RD Emergency Cases School (ECS) held on, 2014, 2015 and 2016 at the Municipal Theater of Alexandroupolis by the Alexandroupolis Branch of the Scientific Society of Medical Students of Greece (EEFIE) in collaboration with the Theatrical Team Students of DUTH
- 2018 – 2019 Postgraduate course program of the NSS Orthopedic Clinic of PGNA
- 2022 – Today ATLS course Director Alexandroupolis Section

9. INFORMATION TECHNOLOGY

Working knowledge of MS Office applications (includes Word, Excel, PowerPoint, Access, Internet, and Outlook) and their use in conducting audit and research.

Working knowledge of statistical issues in health research (SPSS).

10. LANGUAGES

Greek (native language)

English (very good)

11 POSTGRADUATE QUALIFICATIONS

11A. Emergency Medicine Training - ATLS Instructor - DSTC

- 2002 – 2003: 8th postgraduate program of Emergency Pre-hospital Medicine of EKAB (National Emergency Center) in Thessaloniki, lasting 1 year. Graduation after successful oral and written exams (588/ 18 December 2003).

- 22/9/2002: (Basic Life Support Provider course) European Resuscitation Council.
- 22/9/2002: (AED Provider course): European Resuscitation Council.
- 19–20/3/2004: ATLS (Advanced Trauma Life Support),
- 22-23/6/2019: ATLS (Advanced Trauma Life Support)(c.s.n.: **59493-P/SR**). Thessaloniki
- 5-6/7/2019: Candidate Instructor at the Instructor ATLS Course. Patra (s.n.: 59289-I)
- 28-29/9/2019 Trainee Instructor in Advanced Trauma Life Support (ATLS). (s.n .: 60353-P / SR). University General Hospital "AHEPA", Thessaloniki.
- 15/10/2019 Advanced Trauma Life Support – 10th Edition. Online Faculty Update Course Internet Enduring Material, American College Of Surgeons, Division of Education. October 15 2019.
- 17-18/10/2020 Instructor in Advanced Trauma Life Support (ATLS). (s.n .: 60360-P / SR). University General Hospital "IPPOKRATIO", Thessaloniki.
- 12-15/10/2021: Definitive Surgical Trauma Care (DSTC), Athens.
- 11-12/12/2021 Instructor in Advanced Trauma Life Support (ATLS). (s.n .: 67908-P / SR Tenth Edition). University General Hospital "IPPOKRATIO", Thessaloniki.
- 12-13/3/2022 Instructor in Advanced Trauma Life Support (ATLS). (SN: 70049 P / SR, Tenth Edition), University General Hospital "IPPOKRATIO", Thessaloniki.
- 1-2/4/2022 Instructor in Advanced Trauma Life Support (ATLS). (SN: 70050 P / SR, Tenth Edition), University General Hospital "IPPOKRATIO", Thessaloniki.
- 15-16/4/2022 Instructor in Advanced Trauma Life Support (ATLS). (SN: 70427 P / SR, Tenth Edition), University General Hospital "IOANNINA"
- 28-29/5/2022 Candidate Director in Advanced Trauma Life Support (ATLS). (SN: 70738 P / SR, Tenth Edition), University General Hospital "IPPOKRATIO", Thessaloniki
- 8-9/7/2022 Instructor in Advanced Trauma Life Support (ATLS). (SN: 70274 P / SR, Tenth Edition), ATLS Patra.

11.B. INSTRUCTOR FOR THE HELLENIC SURGICAL SOCIETY

- 9th Instructor Training Seminar ERA Training Council and ELPEN Research and Experimental Center, Athens 20-21 / 1/2018 (Prot. No. 1593-18 CME), (Prot. No. of Education: 463/2018)
- 10th Instructor Training Seminar ERA Training Council and ELPEN Research and Experimental Center, Athens 8-9 / 12/2018 (Prot. No. 1600-18 CME), (Prot. No. of Education: 591/2018)
- After the successful attendance and completion of the 5th training series of Instructor Training, was awarded the title of "TRAINER-INSTRUCTOR / HSS-InstS" for the Hellenic Surgical Society with No. Prot. 1973 / 13-2-2019 decision of the EC of the ECA.

11. C. POSTGRADUATE TRAINING – INTERNATIONAL COURSES

Total: 23

1. Basic Life Support Provider course, 22/9/2002
European Resuscitation Council, Thessaloniki.
2. AED Provider course 22/9/2002
European Resuscitation Council, Thessaloniki.
3. Surgical procedures in Colorectal disease. Αθήνα 11/2003
4. « Advanced Trauma Life Support (ATLS)». 19–20/3/2004 Larisa.
5. 4th International Postgraduate course “HPB Marathon” Αθήνα 03/2004
6. 13th International postgraduate course, Current trends and developments in the management of abdominal malignancies. Athens 8-10/12/2005
7. Ultrasound guidance and EKG-guidance for central venous access devices (CVC and PICC).
Gavacelt-EVAN-Catholic Univesrity, Rome, Italy, 11/2011
8. Abdominal Wall Reconstruction Workshop.
Gdansk, Poland, 27-28 March 2014.
9. Laparoscopic Hernia Repair Course.
Larissa, Greece 26-27 September 2014, 7 CME Credits
10. Laparoscopic and Transanal surgery Wet Lab.
Royal College of Surgeons of England, International Society of Pelvic Surgery, Athens, ELPEN, 3/3/2016
11. 1st chapter “Benign Diseases of the Colon and Rectum” with theoretical part in the hospital Health, practical training in animal models in the experimental operating room is carried out at the Institute of Biological Research of the Academy of Athens (IIBEAA) and training in simulators.
Colorectal Laparoscopic Surgical Skills Courses 2016. 6th Department of Surgery – Hygeia Hospital, 14-15 April 2016, 6 CME credits.
12. 2nd chapter ‘Rectal Cancer’ with theoretical part in the hospital Health, practical training in animal models in the experimental operating room is carried out at the Institute of Biological Research of the Academy of Athens (IIBEAA) and training in simulators.
Colorectal Laparoscopic Surgical Skills Courses 2016. 6th Department of Surgery – Hygeia Hospital, Athens, 9-10 June 2016, 6 CME credits.
13. 3rd chapter “Complications of low anterior resection & Transanal endoscopic microsurgery” with theoretical part in the hospital Health, practical training in animal models in the experimental operating room is carried out at the Institute of Biological Research of the Academy of Athens (IIBEAA) and training in simulators.

- Colorectal Laparoscopic Surgical Skills Courses 2016. 6th Department of Surgery – Hygeia Hospital, Athens, 22-23 September 2016, 6 CME credits.
14. 4th chapter “Colorectal Metastatic Disease and Local Recurrence” with theoretical part in the hospital Health, practical training in animal models in the experimental operating room is carried out at the Institute of Biological Research of the Academy of Athens (IIBEAA) and training in simulators.
Colorectal Laparoscopic Surgical Skills Courses 2016. 6th Department of Surgery – Hygeia Hospital, Athens, 1-2 December 2016, 6 CME credits.
15. Laparoscopic General Surgery Intensive Course, with all theoretical and practical sessions
IRCAD Institute, Strasburg France, 15-19/5/2017. European CME credits: 8
16. Advanced Laparoscopic Colorectal Clinical Immersion
University Hospital Rijeka, Croatia 19-20/4/2018
17. Minimally Invasive Perianal and Transanal Surgery Course, with all theoretical and practical sessions with pigs.
IRCAD Institute, Strasburg France, 7 /11/ 2018. European CME credits: 8
18. Laparoscopic Colorectal Surgery Advanced Course, with all theoretical and practical sessions with pigs.
IRCAD Institute, Strasburg France, 8-10/11/2018. European CME credits: 20
19. « Advanced Trauma Life Support (ATLS)» 22-23/6/2019, 9ⁿ EDITION Course. (c.s.n.: 59493-P/SR).
20. «Advanced Trauma Life Support (ATLS) Instructor Course 5-6/7/2019, Patra (c.s.n.:59289-I)
21. Advanced Trauma Life Support (ATLS). (s.n.: 60353-P/SR). Trainee Instructor Thessaloniki. 28-29/9/2019
22. Advanced Trauma Life Support – 10th Edition. Online Faculty Update Course – Internet Enduring Material, American College Of Surgeons, Division of Education. October 15 2019.
23. Laparoscopic Digestive Surgery Advanced Course, with all theoretical and practical sessions with cadavers.
IRCAD Institute, Strasburg France, 17-19/10/2019. European CME credits: 21
24. Definitive Surgical Trauma Care, 13-15/10/2021 Athens.
25. 11-12/12/2021 Instructor in Advanced Trauma Life Support (ATLS). (s.n. : 67908-P / SR Tenth Edition). University General Hospital "IPPOKRATIO", Thessaloniki.
26. 12-13/3/2022 Instructor in Advanced Trauma Life Support (ATLS). (SN: 70049 P / SR, Tenth Edition), University General Hospital "IPPOKRATIO", Thessaloniki.
27. 1-2/4/2022 Instructor in Advanced Trauma Life Support (ATLS). (SN: 70050 P / SR, Tenth Edition), University General Hospital "IPPOKRATIO", Thessaloniki.
28. 15-16/4/2022 Instructor in Advanced Trauma Life Support (ATLS). (SN: 70427 P / SR, Tenth Edition), University General Hospital "IOANNINA”
29. 28-29/5/2022 Candidate Director in Advanced Trauma Life Support (ATLS). (SN: 70738 P / SR, Tenth Edition), University General Hospital "IPPOKRATIO", Thessaloniki

30. 8-9/7/2022 Instructor in Advanced Trauma Life Support (ATLS). (SN: 70274 P / SR, Tenth Edition), ATLS Patra.

11. D. POSTGRADUATE TRAINING ESPSO

1. Participate in the European Society Peritoneal Surface Oncology Treatment (ESPSO) Training Program, with practice in cytoreductive surgery and HIPEC procedures. Length of the program 2 years.

11. E. POSTGRADUATE TRAINING - GREEK COURSES

1. 2nd postgraduate seminar in gastrointestinal motility section stomach-small intestine.
Total duration of 24 hours from Surgical University Clinic of Heraklion and Gastroenterology Clinic of the Hospital of Athens. Volos 1316/11/2000
2. Nuclear medicine training program 2000-2001.
Hellenic company of nuclear medicine consisting of 25 courses with a total duration of 50 hours.
Nuclear University Clinic AHEPA Hospital Thessaloniki
3. Outlook. Familiarity with the Internet for 10 hours.
Medical Association of Thessaloniki and Laboratory of Medical Informatics of the Medical School of AUTH. 5-16 / 2/2001.
4. The use of the Computer. Applications and use of the Internet for 20 hours.
Medical Association of Thessaloniki and Laboratory of Medical Informatics of the Medical School of AUTH 5-16 / 2/2001.
5. Special post-training seminar on artificial nutrition.
Artificial nutrition and obesity unit of the manual clinic of the University Hospital of Patras under the auspices of the Hellenic company of parenteral and intestinal nutrition. Patras 2-4 / 3/2001
6. Postgraduate courses of the Hellenic Gastroenterological Society 28-29 / 4/2001 Thessaloniki
7. Training seminar "Mechanical Stapling" for advanced General Surgery.
Medical School and Laboratory of Experimental Surgery of Democritus University of Thrace.
Alexandroupoli 16/12/2001
8. Training seminar "Basic principles in laparoscopic surgery".
Medical School and Laboratory of Experimental Surgery of the Democritus University of Thrace.
Alexandroupoli 23/2/2002
9. Postgraduate seminars of HEVE 2001-2002.
10. Postgraduate courses of the Hellenic Gastroenterological Society 29-31 / 3/2002 Thessaloniki
11. Postgraduate courses in endocrinology. Total duration 22 hours.
Endocrinology clinic of Hippocrates PGNTH. Thessaloniki 20-23 / 5/2002
12. Training seminar "Advanced Laparoscopic Surgery I".
Medical School and Laboratory of Experimental Surgery of Democritus University of Thrace.
Alexandroupoli 25/5/2002
13. Training seminar "Advanced laparoscopic surgery II".
Medical school and laboratory of experimental surgery of the Democritus University of Thrace.
Alexandroupolis from 19-21 / 9/2002.
14. 2nd Annual Clinical Oncology Seminar. Thessaloniki 9/2002

15. Training seminar for doctors in artificial nutrition. Greek society of parenteral and enteral nutrition. Alexandroupoli 3/11/2002
16. Postgraduate seminars of HEVE 2002-2003
17. Postgraduate courses of the Hellenic Gastroenterological Society on the subject of "Small bowel diseases" Thessaloniki 19-20 / 4/2003
18. Training seminar "Training Good Clinical Practice for Researchers" Thessaloniki 7/5/2003
19. Pre-conference seminars of the 7th Panhellenic Congress of Laparoendoscopic Surgery, 7th International Symposium on Advanced Laparoendoscopic Surgery and 5th Scientific Meeting of Advanced Laparoendoscopic Surgery. Ioannina 19-22 / 5/2005
20. 2nd Annual Postgraduate Seminar ELIGAD. Alexandroupolis 21-22 / 10/2005
21. 5th Continuing Education Seminar in Nephrology on Metabolic Syndrome. Hellenic Nephrological Society, Alexandroupolis 28 - 29 / 9/2006
22. Seminar on Hypertension. Hellenic Nephrological Society, Alexandroupolis 29 - 30 / 9/2006
23. Breast Imaging Training Seminar. Athens 29-1 / 10/2006
24. The use of new stapling tools in open-Laparoscopic Digestive Surgery. Thessaloniki 15/12/2006
25. Surgical techniques of endourology. Alexandroupoli 16/12/2006
26. Scientific Program of the Academy of Pulmonary Arterial Hypertension. Alexandroupoli 29/3/2008
27. Methodology in Medical Research. Alexandroupoli 4/12/2010
28. Surgical Techniques: Open and Laparoscopic Surgery Practice. XEBE. Thes / 13-14 / 5/2011
29. Courses of Continuing Surgical Postgraduate 17th period. HEVE, Thessaloniki 20/10/2011
30. Postgraduate Courses in Continuing Surgical Postgraduate Training 2012. Medical Society of Thrace. Alexandroupolis 2012
31. 9th Instructor Training Seminar. Hellenic Surgical Society Training Council and ELPEN Research and Experimental Center, Athens 20-21 / 1/2018 (Prot. No. 1593-18 CME), (Prot. No. Training: 463/2018)
32. 10th Instructor Training Seminar. Hellenic Surgical Society Training Council and ELPEN Research and Experimental Center, Athens 8-9 / 12/2018 (Prot. No. 1600-18 CME), (Prot. No. Training: 591/2018)
33. After the successful completion of the fifth Training Series of Trainer Training 2018, for a period of one year I am an Instructor of the Hellenic Surgical Society (EXE) (Prot. No. 1973 / 13-2-2019)
34. 2nd Training Seminar on Intraoperative Use of Neuromodulation in Thyroid Surgery. December 17, 2019, GNTH "G. Gennimatas ", Thessaloniki

12. REVIEWER OF SCIENTIFIC MAGAZINES

Hippokratia

13. MEMBER OF THE MAGAZINE ADVISORY GROUP

Hellenic Journal of Surgery

14. RESEARCH ACTIVITY

PhD - MSc

2006: PhD in the surgical field of Democritus University of Thrace

“Study of the parameters of the apoptotic process in thyroid nodules in vivo”

2007: Master of science in HPB Surgery in the surgical field of Democritus University of Thrace

“Effect of pringle manipulation on the oxidative state of the liver after repeated hepatectomy. Experimental study in rats”

CLINICAL STUDIES

A multicentre comparison of surgical risk prediction tools v2.

15. SUPERVISORY POSTGRADUATE-DOCTORAL THESIS

15.A. Postgraduate Supervisor successfully completed

1. Supervisor of a postgraduate thesis completed on the topic: “Vascular stroke and bed rest - Review” in the framework of the Postgraduate Program "Vascular Strokes and pressure sores" of the Medical School of Democritus University of Thrace during the 2018-19 academic year.
2. Supervisor of a postgraduate thesis on the topic: "Critical anatomical structures, relationships and variants in the colon that affect morbidity and prognosis in the surgical approach to colon cancer" in the context of the Postgraduate Program "Clinical - Surgical Anatomy” of the Medical School of Democritus University of Thrace 2/2022.
3. Supervisor of a postgraduate thesis on the topic: "Unusual complications of endometriosis - correlation with anatomy" in the framework of the Postgraduate Program "Clinical - Surgical Anatomy" of the Medical School of Democritus University of Thrace 2/2022
4. Member of a three-member thesis on the topic: "Comparative evaluation of laparoscopic and laparoscopically assisted inguinal hernia repair techniques in children" in the framework of the Postgraduate Program "Clinical – Surgical Anatomy" of the Medical School of Democritus University of Thrace 2/2022

5. Supervisor of a postgraduate thesis on the topic: "The way in which anatomy serves the 'seed and soil' theory in bone metastases of breast cancer" in the framework of the Postgraduate Program "Clinical - Surgical Anatomy" of Medicine School of the Democritus University of Thrace 6/2022
6. Member of the three-member thesis on the topic: "Appendicovesical fistula. Report of a case and short review of the literature "in the framework of the Postgraduate Program" Clinical - Surgical Anatomy "of the Medical School of Democritus University of Thrace 6/2022.

15.B. Postgraduate under preparation

1. Member of the three-member thesis on the topic: "Modern methods of education in Anatomy" in the framework of the Postgraduate Program" Clinical - Surgical Anatomy "of the Medical School of Democritus University of Thrace 2019-20.

15.C. PhD Theses successfully completed

1. Participation in the three-member committee of the PhD thesis "The contribution of local lidocaine infusion in the treatment of facial pain, headache and neck pain" by Pavlos E. Garinis, Doctor - Otolaryngologist. Submitted to the Department of Medicine of the School of Health Sciences of the Democritus University of Thrace - Public Support in 2020.
<https://www.didaktorika.gr/eadd/handle/10442/47413>
2. Participation in the seven-member committee of of the PhD thesis "Lipokines and intestinal peptides of neurohormonal regulation of appetite in disorders of thyroid function" by Spyridonos A. Kokkinou, Physician-Pathologist. Submitted to the Department of Medicine of the School of Health Sciences of the Democritus University of Thrace - Public Support in 2017.
<https://www.didaktorika.gr/eadd/handle/10442/42343>.
3. Participation in the seven-member committee of the dissertation "Study of pathogenic microorganisms in diabetic foot infections" under Maria Th. Dimitriou, Biopathologist. Submitted to the Department of Medicine of the School of Health Sciences of the Democritus University of Thrace - Public Support in 2017.
<https://www.didaktorika.gr/eadd/handle/10442/41709>.
4. Participation in the three-member committee of the PhD thesis "The effect of ischemic ligation on primary total knee arthroplasty: Study of the adhesion mantle of cementum in the tibia and its release of gentamicin into the bloodstream" by Panagiotis E. Touzopoulos,

He submitted to the Department of Medicine of the School of Health Sciences of the Democritus University of Thrace. It was submitted and approved by the Department of Medicine of the School of Health Sciences of the Democritus University of Thrace. Public Support in 2021

15.D. PhD Theses under preparation

1. Participation in the three-member committee of the dissertation under preparation "Cranio-cerebral injuries from firearms" under Georgios Kalostos, Doctor - Neurosurgeon. He submitted to the Department of Medicine of the School of Health Sciences of the Democritus University of Thrace. It was submitted and approved by the Department of Medicine of the School of Health Sciences of the Democritus University of Thrace.
2. Participation in the three-member committee of the dissertation "Common spinal diseases and the choice of spine surgeon. Neuroeconomics of the decision, and the role of the external factors and the controversy of choice » by Nikova S. Aleksandrina, Doctor - Specialist Neurosurgeon. He submitted to the Department of Medicine of the School of Health Sciences of the Democritus University of Thrace. Submitted and approved by the Department of Medicine of the School of Health Sciences of the Democritus University of Thrace 2/7/2020.

16. LECTURES-ROUND TABLES

Total: 44

1. Thyroid Cancer: Preoperative approach – Postoperative treatment.
Presentation: Surgical Thyroid Anatomy.
3rd Scientific Event, Continuing Surgical Postgraduate I period, SSNG, Thessaloniki 2002 - 2003,
2. Recurrence in Breast Cancer.
Presentation: Vascular and Lymphatic tract of the breast.
2nd Surgical Oncology Meeting, EEXO, Boat to Venice 10/2003
3. Intestinal Nutrition and Functionality of the GI
Presentation: Absence of digestive products and pathophysiological conditions in the GI
12th Panhellenic Conference of the Hellenic Society of Parenteral & Intestinal Nutrition. Thessaloniki 16-19 / 11/2006
4. Contemporary views on the Surgical Treatment of Adrenal Diseases.
Presentation: Epidemiology - Classification.
25th Panhellenic Surgery Conference and International Surgical Forum 2006. Athens 22-26/ 11/2006
5. Persistent and recurrent secondary hyperparathyroidism

Presentation: Causes of persistent and recurrent hyperparathyroidism.

Spring day. The Unwanted Side of Endocrine Surgery - Reoperations and Complications of EEXEA.

Heraklion 25 - 26/5/2007

6. Gastrointestinal neuroendocrine tumors. NET - GET.

Presentation: Clinical picture - Diagnosis - Location.

6th Postgraduate Seminars of the Hellenic Surgical Society, Athens 9/2007

7. Trauma Patient - Treatment

Presentation: Tertiary Treatment Multiple Injuries

Two-day conference. Students in the First Line of Emergency Response. Alexandroupoli 23 -

24/11/2007

8. Acute Pancreatitis.

Presentation: Nutritional Support.

1st International Interuniversity Gastroenterology Congress. Alexandroupolis, Greece 29 – 31/5/2008

9. Artificial Nutrition: Experience in hospitals of Eastern Macedonia and Thrace.

Presentation: Hospital of Alexandroupolis

14th Panhellenic Conference on Parenteral and Intestinal Nutrition. Alexandroupoli 19 - 21/11/2010

10. Surgical treatment of Primary and Secondary Hyperparathyroidism.

Presentation: Differential diagnosis - Detection methods.

17th Scientific Event, Continuous Surgical Postgraduate 17th -period, HEVE, Alexandroupolis 9/2010

11. Endocrine Gland Surgery.

Presentation: What's new in gastrointestinal endocrine surgery. Current Issues in Breast Surgery, Endocrine Glands and Laparoscopic Surgery.

Hellenic Surgical Society. Alexandroupoli 17/9/2011

12. Hernias.

Presentation: Types of meshes. Factors influencing their choice.

5th Scientific Event, Continuous Surgical Postgraduate 17th period, HEVE, Thessaloniki 2010 - 2011.

13. Bile Cancer.

Presentation: Surgical treatment of gallbladder cancer.

1st Meeting of Surgeons and Oncologists-Pathologists. Contemporary Issues Digestive.

Alexandroupoli 10/2011

14. Surgical treatment of hernias.

Presentation: Types of meshes. Factors that affect their healing.

10th Conference of the Surgical Society of Northern Greece. Thessaloniki 12/2011

15. Controversial issues in the treatment of gallstones.

Presentation: Treatment of gallbladder polyps

- 1st Scientific Event of Continuing Surgical Postgraduate Training. Hellenic Surgical Society – Medical Society of Thrace. Alexandroupoli 3/2012
16. An economic approach to the treatment of colorectal cancer.
Presentation: Cost of staples and other tools in open, laparoscopic and robotic colon surgery.
5th Panhellenic Conference of the Hellenic Society of Colon and Anal Surgery, Alexandroupolis 11-13 April 2013
17. Primary hyperparathyroidism: Recent data.
Presentation: Primary hyperparathyroidism. Diagnostic approach and treatment
Training Seminars of Surgery, Hellenic Surgical Society. Athens 01/2015
18. Discussion of selected cases.
Presentation: Multi-injured patient
12th Conference of the Surgical Society of Northern Greece. Kavala 10/2015
19. Recent data in the diagnosis and treatment of Primary Hyperparathyroidism.
Presentation: Persistent and Recurrent Primary Hyperparathyroidism.
14th Panhellenic Conference on Endocrine Gland Surgery. Athens 10/2015
20. Diverticulitis.
Presentation: Classification of Risk Factors.
Multidisciplinary Postgraduate Scientific Conference. Alexandroupolis 11/2015
21. Controversial Issues in Thyroid Cancer.
Presentation: Total lobectomy vs thyroidectomy in papillary thyroid carcinoma.
30th Panhellenic Surgery Conference & International Surgical Forum, Thessaloniki 8-12/11/2016 ..
22. Acute Abdomen.
Presentation: Acute Traumatic Abdomen.
4th Conference on Education and Research of Medicine of the Democritus University of Thrace.
Alexandroupolis, 5-7 May 2017
23. Thyroid Tumor (Subclinical Thyroid Cancer).
Presentation: When is reoperation indicated for the completion of thyroidectomy.
15th Panhellenic Conference on Endocrine Gland Surgery, Thessaloniki, 1-3 / 12/2017.
24. Pancreatitis.
Presentation: Surgical treatment.
9th two-day training council of the Hellenic Surgical Society & Surgery Clinic, Department of Medicine, Democritus University of Thrace. Alexandroupolis, 8-9 December 2017.
25. Technique
Presentation: Colectomy
5th Postgraduate Seminar in Advanced Open Surgery.

Educational Council of the Hellenic Surgical Society and Research - Experimental Center ELPEN, May 4-5, 2018

26. Hyperparathyroidism today.

Presentation: Modern surgical treatment of primary hyperparathyroidism.

4th Panhellenic Conference of General Surgery, Alexandroupolis, 12-14 October 2018.

27. Amputations

Presentation: Types of Amputations.

23rd Scientific Manifestation: Diabetic foot, ulcers in the lower extremities - prevention of amputations. Alexandroupolis, October 26-28, 2018.

28. Intra-abdominal Surgical infection

Presentation: Conservative treatment: Where and until when?

Continuing Postgraduate Educational Activity, Hellenic Surgical Society 2018, 9th Two-Day Session, 33rd Cycle of Postgraduate Courses, Alexandroupolis 14-15 / 12/2018.

29. Diagnosis and treatment of acute cholecystitis.

Presentation: Ideal time for surgery (early - late)

2nd Panhellenic Conference of the Hellenic Society of the High Biliary Pancreas, Thessaloniki 3-5 May 2019.

30. Hyperparathyroidism.

Presentation: Therapeutic approach (Pharmaceutical, Surgical)

14th HEVE Conference, Alexandroupolis, 8-10 November 2019.

31. Treatment of locally advanced thyroid cancer.

Presentation: The treatment of extracervical metastases in myeloid cancer.

16th Panhellenic Conference on Endocrine Gland Surgery with Turkish participation, Athens, 22-24/11/2019

32. Breast Cancer Surgery. Current questions and data.

Presentation: Breast and armpit surgery in metastatic disease. '

Two-day conference: University Surgery Clinic of the Medical School of the Democritus University of Thrace and the Board of Education of the Hellenic Surgical Society. Alexandroupolis, 6-7 December /2019.

33. Emergencies. Basic Principles and Skills.

Presentation: Damage Control Surgery. Damage Control Resuscitation.

7th Emergency Seminar. Basic Principles and Skills. Educational Council of the Hellenic Surgical Society and Research - Experimental Center ELPEN, 7-9 February 2020

34. Benign Thyroid disease

Presentation: When and why the thyroid is removed

2nd Joint Event EEPI & MA-EEE-PEE-EEXEA, Thyroid gland diseases, from diagnosis to treatment.

Alexandroupolis, 22/2/2020

35. Intestinal obstruction

Presentation: Treatment of colon obstruction

Continuing Postgraduate Educational Activity, Hellenic Surgical Society 2020, Alexandroupolis
1/4/2020. Online.

<https://exe1928.gr/images/2020-sunexis-metekpaideftiki-drastiriotita.pdf>

36. Colon Diseases I.

Presentation: Colon Surgical Anatomy

Panhellenic Curriculum of Specialists of the Hellenic Surgical Society 2020-2021 6th Lecture,
Alexandroupolis 7/4/2021 Online

37. Acute pancreatitis

Presentation: Surgical treatment

Postgraduate Courses of the Surgical Society of Northern Greece 2020-2021 Alexandroupolis 5/2021

38. Special Topics in Upper Digestive Cancer.

Presentation: Upper digestive surgery in the elderly

32nd Panhellenic Surgery Conference & International Surgical Forum, June 12, 2021 Thessaloniki

39. Prevention of surgical infections

Presentation: Operation theater- Sterilization site specifications

17TH Panhellenic Congress of Surgical Infections, Alexandroupolis 22-24/10/2021

40. Treatment of Soft Tissue Infections(Guidelines)

Presentation: Surgical approach to Necrotic Soft Tissue Infections

17TH Panhellenic Congress of Surgical Infections, Alexandroupolis 22-24/10/2021

41. Emergency Surgery

Presentation: Management of gastric emergencies: Bleeding, perforation, occlusion (Guidelines).

15th Conference of the Surgical Society of Northern Greece, Florina 5-7/11/2021

42. Anti-reflux Surgery

Presentation: Surgical and endoscopic options for management of Achalasia.

15th Conference of the Surgical Society of Northern Greece, Florina 5-7/11/2021

43. Surgical Problems in Primary Hyperparathyroidism.

Presentation: Intraoperative aids in the detection of parathyroids.

17th Panhellenic Conference on Endocrine Glands Surgery, Thessaloniki, 19-21/11/2021

44. Modern views on timeless surgery issues

Presentation: Recent data in pancreatic cancer.

6th Education and Research Conference, Alexandroupolis, 28-30/1/22

45. Parathyroid gland surgery

Presentation: Latent Hyperparathyroidism

9th Scientific Event, Continuous Surgical Postgraduate 28th -period, HEVE, Thessaloniki 4/2022

46. Neuroendocrine Tumors of the digestive

Presentation: Surgical Therapy.

Continuing Postgraduate Educational Activity, Hellenic Surgical Society 2022, 6/7/2022. Online.

17. PRESIDENCIES IN GREEK SCIENTIFIC MEETINGS

Total: 17

1. Tumor angiogenesis and hypoxia.

Annual Oncology Symposium. Thassos 29/9 - 1/10/2004.

2. Medical Education.

25 years of the Medical School of Democritus University of Thrace. Alexandroupoli 12/2010

3. Hyperparathyroidism.

21st Scientific Conference of Medical Students of Greece & 9th International Forum of Medical Students and Young Doctors of Greece. Athens 15-17 / 05/2015

4. Thyroid Cancer.

22nd Scientific Conference of Medical Students of Greece & 10th International Forum of Medical Students and Young Doctors of Greece. Patras 13-15 / 05/2016

5. Controversial issues in inguinal hernia repair.

22nd Scientific Conference of Medical Students of Greece & 10th International Forum of Medical Students and Young Doctors of Greece. Patras 13-15 / 05/2016

6. Oral Announcements, Experimental Studies.

30th Panhellenic Surgery Conference & International Surgical Forum. 8-12 November 2016, Thessaloniki.

7. 3rd Session: Woman and Cancer Conference.

April 1, 2017, Alexandroupolis

8. Student Forum. Technology in Trauma Surgery

16th Panhellenic Conference on Surgical Infections. 8th Panhellenic Conference on Trauma & Emergency Surgery "Trauma - Infection - Sepsis" 3-6 October 2019, Thessaloniki

9. Latest Data on the treatment of multiple injuries.

14th Conference of the Surgical Society of Northern Greece 8-10 / 11/2019, Alexandroupolis.

10. Cases Presentation.

14th Conference of the Surgical Society of Northern Greece 8-10 / 11/2019, Alexandroupolis.

11. Cross-sectoral round table in the treatment of liver metastases-Robotic surgery in oncology.
Innovation in Oncology Conference, Institute of Molecular Medicine and Biomedical Research, Online,
16/12/2020
12. Video Presentations. Upper Digestive.
32nd Panhellenic Surgery Conference & International Surgical Forum, 09 June 2021 Thessaloniki
13. Oral Presentations. Lower Digestive. 3
2nd Panhellenic Congress of Surgery & International Surgical Forum, June 10, 2021 Thessaloniki
14. Oral Presentations. Wound.
32nd Panhellenic Surgery Conference & International Surgical Forum, June 12, 2021 Thessaloniki
15. Oral Presentations
17th Panhellenic Congress of Surgical Infections, October 23, 2021 Alexandroupolis
16. Microbial Resistance to Surgical Patients
17th Panhellenic Congress of Surgical Infections, October 24, 2021 Alexandroupolis
17. Oral Presentations
6th Education and Research Conference, Alexandroupolis, 28-30/1/22

18. PRIZES - AWARDS

Transcatheter Arterial Chemoembolization (TACE) of Hepatocellular Carcinomas (HCC).
Branou E., Michailidou E., **Karanikas M.**, Lyrantzopoulos N., Souftas V., Prasopoulos P.
Laboratory of Radiology and Medical Imaging DUTH, First Dep Surgery Clinic DUTH
Announced at the 18th Interuniversity Radiology Conference. Ioannina 14- 16/11/2008
Received the award for the 3rd best posted announcement of the conference.

19. MEMBERSHIP OF MEDICAL SOCIETIES

International 6:

- European Society of Surgical Oncology
- European Society of Endocrine Surgeons
- International Association of Endocrine Surgeons
- International Hepato-Pancreato-Biliary Association
- Americas Hepato-Pancreato-Biliary Association
- Fellow of the American College of Surgeons

Greek: 6

- Hellenic Surgical Society

- Hellenic Society of Surgical Oncology
- Hellenic Society of Parenteral and Intestinal Nutrition
- Surgical Society of Northern Greece (*Member of the Board of Directors of the Society*)
- Medical Society of Thrace
- Hellenic Society of Endocrine Glands Surgery (*Member of the Board of Directors of the Society/General Secretary*)
- Hellenic Society of Surgical Infection

20. MEMBER OF ORGANIZING COMMITTEE - SCIENTIFIC COMMITTEES OF CONFERENCES

Total: 35

1. Annual Oncology Symposium. Naxos 24-26 / 10/2004
2. 9th Panhellenic Congress of Surgical Oncology. Alexandroupoli 11-13 / 11/2005
3. Annual Oncology Symposium. Thassos 29-1 / 10/2006
4. 25th Panhellenic Surgical Conference of Surgery - International Surgical Forum. Athens 22-26 / 11/2006
5. Conference. Breast cancer. Alexandroupoli 6/10/2007
6. 10th Panhellenic Conference of the Hellenic Society of Endocrine Gland Surgery. Athens 23 - 25/11/2007
7. 20 + 1 Years of Laparoscopic Surgery. Alexandroupolis 21-22/3/2008
8. 11th Panhellenic Conference of the Hellenic Society of Endocrine Gland Surgery. Thessaloniki 27 - 29/11/2009
9. 10th Panhellenic Meeting of Liver-Bile-Pancreas Surgery. Alexandroupoli 14-15/5/2010
10. Conference in memory of Professor KI Manolas. Alexandroupolis 25/9/2010
11. 14th Panhellenic Conference on Parenteral and Intestinal Nutrition Alexandroupolis, 19-21/11/2010
12. 27th Panhellenic Surgery Conference of Surgery - International Surgical Forum. Athens 24-27/11/2010
13. 25 Years of the Medical School of Democritus University of Thrace Alexandroupoli 3-4/12/2010
14. 17th Series of Continuing Surgical Postgraduate Courses. Surgical Society of Northern Greece. Thessaloniki 9/2010 - 5/2011
15. 22nd Conference of the Hellenic Society of Nuclear Medicine. Alexandroupoli 8-10 / 4/2011
16. Current Issues in Breast Surgery, Endocrine Glands and Laparoscopic Surgery. Hellenic Surgical Society. Alexandroupoli 17/9/2011
17. 1st Meeting of Surgeons and Oncologists-Pathologists. Contemporary Digestive Issues. Alexandroupolis 14-15 / 10/2011
18. 1st Scientific Event of Continuing Surgical Postgraduate Training Hellenic Surgical Society – Medical Society of Thrace. Alexandroupoli 3/2012
19. 5th Panhellenic Conference of the Hellenic Society of Colon and Anal Surgery, Alexandroupolis 11-13 April 2013

20. Continuing Medical Postgraduate Training. Medical Society of Thrace. Alexandroupolis 2013
21. 8th Applied Neurosurgery Seminar. Alexandroupolis, 25/4/2015
22. 12th Conference of the Surgical Society of Northern Greece, Kavala, 9-11 October 2015.
23. 3rd Conference of Education and Research of Medicine of DUTH. Alexandroupoli 08-10/04/2016
24. 22nd Scientific Conference of Medical Students of Greece & 10th International Forum of Medical Students & Young Doctors of Greece Athens 13-15/05/2016
25. Perinatal Infections Alexandroupoli 28-29/05/2016
26. Conference: Woman and Neoplasm. Alexandroupolis, April 1, 2017
27. 4th Conference on Education and Research of Medicine of the Democritus University of Thrace. Alexandroupolis, 5-7 May 2017
28. 15th Panhellenic Conference on Endocrine Gland Surgery, Thessaloniki, 1-3/12/2017
29. Lefkipos. 1st Panhellenic Conference of Medical Students. Alexandroupolis, 20-22/4/2018
30. 4th Panhellenic Conference of General Surgery, Alexandroupolis, 12-14 October 2018
31. 3rd Alexandroupolis microsurgery seminar, Alexandroupolis, 31/5-1/6 2019
32. 16th Panhellenic Congress of Surgical Infections. 8th Panhellenic Conference on Trauma & Emergency Surgery "Trauma - Infection - Sepsis", Thessaloniki, 3-6 / 10/2019 ,.
33. 14th Congress of Surgical Society of Northern Greece. Alexandroupolis 8-10/11/2019
34. Two-day conference: Breast Cancer Surgery. Current questions and data. 'University Surgery Clinic of the Medical School of the Democritus University of Thrace and the Board of Education of the Hellenic Surgical Society. Alexandroupolis 6-7 December 2019.
35. 17th Panhellenic Congress of Surgical Infections, Alexandroupolis 23-25/10/2021
36. 15th Conference of the Surgical Society of Northern Greece, Florina 5-7/11/2021
- 37.

21. INSTRUCTOR IN SEMINARS

Total: 24

1. Open and Laparoscopic Surgery Techniques.
End to End jejunum-jejunum anastomosis.
1st Scientific Event of Continuing Surgical Postgraduate Training. Hellenic Surgical Society – Medical Society of Thrace. Alexandroupolis 3/2013
2. 1st Emergency Cases School Alexandroupolis 29/11/2014
3. Instructor in the theoretical and applied tutorial "real-time neurosurgery".
8th Applied Neurosurgery Seminar.
Neurosurgery DUTH --B'Neurosurgery AUTH, Alexandroupolis, 25/4/2015
4. 2nd Emergency Cases School, Alexandroupolis, 28/11/2015

5. 3rd Emergency Cases School, Alexandroupolis, 3-4/12/2016
6. Hands-On in Laparoscopic Surgery.
Lefkipos, 1st Panhellenic Conference of Medical Students, University General Hospital of Alexandroupolis.
April 20-22, 2018, Alexandroupolis.
7. Central Venous Catheter Installation: As simple as it is dangerous.
1st Panhellenic Conference of Medical Students "Lefkipos", University General Hospital of
Alexandroupolis, April 22, 2018.
8. 5th Postgraduate Seminar in Advanced Open Surgery.
Educational Council of the Hellenic Surgical Society and Research - Experimental Center ELPEN, 4-5 May,
2018 (Prot. No. 1595 - 18 CME)
9. Recent data in the treatment of surgical infections. Newer guidelines in the treatment of Necrotic
Infections of the Skin and Soft Molecules.
31st Panhellenic Surgery Conference & Surgery Forum 2018 with international participation. 21-24
November 2018, Athens. (Postgraduate Tutoring)
10. Training in the use of energy sources in Surgery. The function of bipolar diathermy and species. 14th
SSNG Conference, 8-10 November 2019, Alexandroupolis. (Seminar - Workshop)
11. The use of neurostimulation in thyroid surgery. Principles of Neurostimulation.
14th SSNG Conference, 8-10 November 2019, Alexandroupolis. (Seminar / Workshop)
12. Organization - Equipment in the Operating Room and Principles of Neurostimulation.
2nd Training Seminar on Intraoperative Use of Neurosurgery in Thyroid Surgery. December 17, 2019,
GNTH "G. Gennimatas ", Thessaloniki
13. Instructor of ATLS programs, Student Course.
ATLS, Student Course (SN: 60353 P / SR, Ninth Edition), University General Hospital "AHEPA", Thessaloniki
28-29 September 2019
14. Principles of Neurostimulation.
3rd Training Seminar on Intraoperative Use of Neurosurgery in Thyroid Surgery. March 10, 2020, GNTH
"G. Gennimatas ", Thessaloniki
15. 7th Emergency Seminar. Basic Principles and Skills. Training Council of the Hellenic Surgical Society and
Research - Experimental Center ELPEN, 7-9 February 2020 (Prot. No. 1619 - 18 CME)
16. Principles of Neurostimulation.
4th Training Seminar on Intraoperative Use of Neurostimulation in Thyroid Surgery. October 6, 2020,
GNTH "G. Gennimatas ", Thessaloniki
17. Instructor of ATLS programs, Student Course. ATLS, Student Course (SN: 63360 P / SR, Tenth Edition),
University General Hospital "IPPOKRATIO", Thessaloniki 16-17 October 2020.
18. Principles of Neurostimulation.

Seminar - tutorial. Prevention and management of thyroidectomy complications.

32nd Panhellenic Surgery Conference & International Surgical Forum, June 9, 2021 Thessaloniki

19. Risk Factors & Prevention. Intraoperative and Postoperative issues (Operating room environment, Clothing and apparel, Asepsis and Surgical technique, Surgical incision treatment, Discharge and surgical incision, Surveillance of surgical field infections) Seminar - tutorial. Prevention and management of surgical field infections.

32nd Panhellenic Congress of Surgery & International Surgical Forum, June 10, 2021 Thessaloniki

20. Principles of Neurostimulation

5th Training Seminar on Intraoperative Use of Neurostimulation in Thyroid Surgery. October 15, 2021, GNTH "G. Gennimatas ", Thessaloniki

21. Instructor of ATLS programs, Student Course. ATLS, Student Course (SN: 67908 P / SR, Tenth Edition), University General Hospital "IPPOKRATIO", Thessaloniki 11-12 December 2021

22. Instructor of ATLS programs, Student Course. ATLS, Student Course (SN: 70049 P / SR, Tenth Edition), University General Hospital "IPPOKRATIO", Thessaloniki 12-13 March 2022

23. Instructor of ATLS programs, Student Course. ATLS, Student Course (SN: 70050 P / SR, Tenth Edition), University General Hospital "IPPOKRATIO", Thessaloniki 1-2 April 2022

24. Instructor of ATLS programs, Student Course. ATLS, Student Course (SN: 70427 P / SR, Tenth Edition), University General Hospital of Ioannina, Ioannina 15-16 April 2022

25. 28-29/5/2022 Candidate Director in Advanced Trauma Life Support (ATLS). (SN: 70738 P / SR, Tenth Edition), University General Hospital "IPPOKRATIO", Thessaloniki

26. 8-9/7/2022 Instructor in Advanced Trauma Life Support (ATLS). (SN: 70274 P / SR, Tenth Edition), ATLS Patra.

22. ATTENDING GREEK MEDICAL CONFERENCES

Total: 113

1. XIX Panhellenic Congress of Surgery Thessaloniki 30/10-3/11/1994
2. 3rd day of the cardiology clinic 424 GSNE Thessaloniki 1/4/1995
3. 10th Northern Helladic Medical Conference Thessaloniki 5-8/4/1995
4. 1st Pan-European symposium of medical students and 1st scientific conference of medical students of Greece Athens 14-16/4/1995
5. 7th Panhellenic Hematological Conference Thessaloniki 4-17/12/1995

6. 13th Inter-University Medical Symposium Larissa 22-24/5/1998
7. XXI Panhellenic Surgery Conference Athens 13-17 / 11/1998
8. 14th Northern Helladic Medical Conference Thessaloniki 22-24/4/1999
9. 4th Panhellenic Conference of Laparo-Endoscopic Surgery Athens 27-29/5/1999
10. Conference on "Urinary stones - Therapeutic approaches" Kavala 5/6/1999
11. 4th Conference of the Surgical Society of Northern Greece Ioannina 20-23/10/1999
12. Postgraduate course of SSNG entitled "use of energy sources in surgery" within the framework of the 4th Conference of the Surgical Society of Northern Greece. Ioannina 21/10/1999
13. Postgraduate course of SSNG entitled "Basic messages to the new surgeon from the specialties related to clinical practice" in the framework of the 4th Conference of the Surgical Society of Northern Greece Ioannina 22/10/1999
14. 15th Northern Helladic Medical Conference Thessaloniki 11-13/5/2000
15. Symposium of the Hellenic Hernia Society "Vouvonokili" Thessaloniki 10/6/2000
16. 2nd Panel Free Roots & Oxidative Stress Conference Thessaloniki 12-14/10/2000
17. 9th Panhellenic symposium on intestinal and parenteral nutrition Ioannina 3-5/11/2000
18. XXII Panhellenic Surgery Conference Athens 18-22/11/2000
19. Gastroenterological days Thessaloniki 22-24/3/2001
20. 16th Northern Helladic Medical Conference Thessaloniki 26-28/4/2001
21. 5th Panhellenic Conference Laparo- Endoscopic Surgery & 5th International Symposium on advanced Laparo- Endoscopic Surgery Athens 24-26/5/2001
22. 7th Panhellenic Congress of Surgical Oncology Athens 25-27/5/2001
23. 5th Conference of the Surgical Society of Northern Greece Thessaloniki 31/10 - 3/11/2001
24. 1st meeting of colon and rectal surgery Thessaloniki 17/11/2001
25. 3rd scientific meeting of advanced laparoscopic surgery. 23-25/11/2001 Ioannina
26. 7th Panhellenic Conference on Endocrine Gland Surgery Thessaloniki 7-9/12/2001
27. 6th Annual Panhellenic Symposium of the Hellenic Society for Growth Hormone Research and Applications. Athens 12/2001
28. 3rd Panhellenic Congress of Obesity Surgery 12-14/4/2002 Thessaloniki
29. 3rd Panhellenic Congress of Obesity Surgery 12-14/4/2002 Thessaloniki
30. 2nd Medical Conference of the Medical Society of Kavala, Kavala 17-19/5/2002

31. 7th Panhellenic meeting of bile duct liver surgery & inaugural conference of the Hellenic Society of Digestive Surgery. Alexandroupolis 19-21/9/2002
32. 10th Panhellenic Conference on Parenteral and Intestinal Nutrition. Alexandroupolis 1-3/11/2002
33. XXIII (23rd) Panhellenic Congress of Surgery. International Surgical Forum 2002. Athens 9-12/11/2002.
34. Conference "Progress in the treatment of breast cancer" Thessaloniki 30/11/2002
35. 2nd day of the Greek company of colon-anal surgery. Edessa 7/12/2002
36. 4th Medical Two-Day Conference organized by the 412 General Hospital of Xanthi. Xanthi 24-25/1/2003
37. Annual Oncology Symposium 2003. Myrina of Lemnos 7/9/2003
38. 3rd Conference of the Hellenic Society of Colon and Anal Surgery. Alexandroupolis 26-27/9/2003
39. Scientific symposium "Urolithiasis: Modern Approaches" Alexandroupolis 10-12/10/2003
40. Second Meeting of Surgical Oncology. "On boat to Venice" 25-28/10/2003
41. 8th Panhellenic Congress of Surgical Oncology. Athens 31/10-2/11 2003
42. 1st Panhellenic Conference of the Hellenic Society of Digestive Surgery. Athens 20-23/11/2003
43. 1st Arrhythmology Symposium. Alexandroupolis 3/4/2004
44. Two-day Multidisciplinary Medical Symposium. Kastoria 7-8/5/2004
45. 8th Panhellenic meeting of bile duct liver surgery. Alexandroupolis 21-22/5 2004
46. 17th Panhellenic Urological Conference. Alexandroupolis 23-26/6/2004
47. 24th Panhellenic Surgery Conference. Thessaloniki 2-5 / 10 / 2004.
48. Annual Oncology Symposium. Naxos 24-26/10/2004
49. 4th Training Day on HIV Infection. Alexandroupolis 1/12/2004
50. Scientific Conference on Pediatric Orthopedic Issues. Alexandroupoli 4/12/2004
51. 3rd Conference of the Hellenic Society of Trauma and Emergency Surgery. Athens 25-27/2/2005
52. 1st Panhellenic Conference of the Hellenic Society of Colon and Anal Surgery. Thessaloniki 25-27/2/2005
53. 7th Panhellenic Conference of Laparoendoscopic Surgery, 7th International Symposium on Advanced Laparoendoscopic Surgery and 5th Scientific Meeting of Advanced Laparoendoscopic Surgery. Ioannina 19-22 / 5/2005
54. Annual Oncology Symposium. Chios 24-25 / 9/2005
55. Educational Two-Day Conference "The Imaging of the Breast" 10/2005
56. 7th Conference of the Surgical Society of Northern Greece. Alexandroupoli 14-15/10/2005
57. 9th Panhellenic Congress of Surgical Oncology. Alexandroupoli 11-13/11/2005
58. 4th Conference of the Hellenic Society of Colon Surgery. Drama 3/12/2005

59. Annual Oncology Symposium. Thassos 29/9 - 1/10/2006
60. 7th Panhellenic Scientific Meeting of the Hellenic College of Surgeons. Alexandroupolis 3-4/11/2006.
61. 4th Postgraduate Conference on Pediatric Diseases Diagnostic and Therapeutic Approach. Pediatric Clinic DUTH Alexandroupoli 5/11/2006
62. 12th Panhellenic Conference of the Hellenic Society of Parenteral & Intestinal Nutrition in collaboration with the Department of Nutrition & Dietetics of A Technological Institution of Thessaloniki. Thessaloniki 17-19/11 2006
63. 25th Panhellenic Surgery Conference - International Surgery forum 2006. Athens 22-26/11/2006
64. Scientific Meeting "Developments in the treatment of Echinocociasis", Alexandroupolis, March 16-17, 2007
65. 2nd Annual Gastroenterology Educational Conference "Developments and Perspectives in Gastroenterology", Alexandroupolis, April 20-21, 2007
66. 9th Panhellenic Conference on Liver-Biliary-Pancreatic Surgery, Alexandroupolis, May 18-20, 2007
67. Spring Conference "The Unwanted Side of Endocrine Surgery - Reoperations and Complications" of the Hellenic Society of Endocrine Surgery, Heraklion, Crete 25-26 May 2007
68. 8th Panhellenic Conference on Plastic Reconstructive and Aesthetic Surgery. EPEAX, Halkidiki 4-7/10/2007
69. Breast Conference. Alexandroupoli 6/10/2007
70. 8th Conference of the Surgical Society of Northern Greece. Thessaloniki 18-21/10/2007
71. Two-day conference. Students in the Emergency Room. Alexandroupoli 23 - 24/11/2007
72. 10th Panhellenic Conference of the Hellenic Society of Endocrine Gland Surgery. EEXEA. Athens 23 - 25/11/2007
73. 6th Annual Symposium: The Multi-Injured Patient. Alexandroupoli 30-2/12/2007
74. 6th Conference of the Hellenic Society of Colon Surgery. Xanthi 16-17/2/2008
75. 20 + 1 Years of Laparoscopic Surgery. EEHP, Alexandroupolis 21-22/3/200
76. 10th Panhellenic Congress of Surgical Oncology. EEXO, Heraklion 9-11/5/2008
77. 26th Panhellenic Surgery Conference, International Surgical Forum 2008. Athens 12-15/11/2008
78. 17th Panhellenic Congress of Thoracic Diseases. Alexandroupoli 20-23/11/2008
79. 7th Conference of the Hellenic Society of Colon Surgery. Kastoria 21-23/11/2008
80. 7th Annual Orthopedic Implant Symposium. Alexandroupoli 5-7/12/2008
81. Two-day Conference Complications in Digestive Surgery. Prevention - Treatment. Hellenic Society of Digestive Surgery. Kavala 5 - 6/9/2009
82. 9th Conference of the Surgical Society of Northern Greece. Thessaloniki 29-1/11/2009
83. 9th Conference of the Surgical Society of Northern Greece. Thessaloniki 29-1/11/2009

84. 27th Panhellenic Surgery Conference - International Surgery forum 2010. Athens 24-27/11/2010
85. 6th Panhellenic Conference on Trauma and Emergency Surgery. Thessaloniki 17-19/2/2011
86. 4th Panhellenic Conference of the Hellenic Society of Colon and Anal Surgery. Thessaloniki 19-22/05/2011
87. 11th Two-Day Surgical Infections meeting. Edessa 24-26 / 6/2011
88. Scientific Conference Topical Issues in Breast Surgery, Endocrine Glands and Laparoscopic Surgery. Hellenic Surgical Society. Alexandroupoli 17/9/2011
89. 10th Conference of the Surgical Society of Northern Greece. Thessaloniki 8 - 10/12/2011
90. 5th Panhellenic Conference of the Hellenic Society of Colon and Anal Surgery. Alexandroupoli 11-13/04/2013.
91. 2nd Conference on Education and Research of Medicine of DUTH. Alexandroupoli 08-10/05/2015
92. 14th Panhellenic Conference on Endocrine Gland Surgery. EEXEA. Athens October 30 - November 1, 2015
93. 3rd Conference on Education and Research of Medicine of DUTH. Alexandroupoli 08-10/04/2016
94. Conference on: Ethical dilemmas and decisions at the end of life. Medical Society of Thrace. Alexandroupoli 20/05/2016
95. 30th Panhellenic Surgery Conference and International Surgical Forum. Thessaloniki 9-12 / 11/2016.
96. Ovarian hyperstimulation syndrome: "Who finally deals with it, the Pathologist or the Gynecologist?" MITERA, Athens 01 December 2016,
97. The Anatomy of Medical Research. Scientific Conference, Postgraduate Program, Clinical - Surgical Anatomy. Democritus University of Thrace. January 29, 2017.
98. Symposium: Woman & Neoplasm. April 1, 2017, Alexandroupolis
99. 4th Conference on Education and Research of Medicine of the Democritus University of Thrace. Alexandroupolis, 5-7 May 2017
100. 13th Conference of the Surgical Society of Northern Greece, Modern Technology and Surgical Education. Thessaloniki 3-5 November 2017.
101. 15th Panhellenic Conference on Endocrine Gland Surgery, Thessaloniki, 1-3/12/2017
102. 9th Postgraduate Scientific Conference 2017 on: Diseases of the Pancreas. University Surgery Clinic of the Medical School of the Democritus University of Thrace and the Board of Education of the Hellenic Surgical Society. Alexandroupolis 8-9 December 2017.
103. 4th Panhellenic Conference of General Surgery, Alexandroupolis, 12-14 October 2018
104. 5th Education and Research Conference. Alexandroupolis, 17-18 May 2019.
105. 16th Panhellenic Congress of Surgical Infections. 8th Panhellenic Conference on Trauma & Emergency Surgery "Trauma - Infection - Sepsis" Thessaloniki, 3-6 October 2019.
106. 14th Conference of the Surgical Society of Northern Greece, Alexandroupolis 8-10/11/2019.

107. 16th Panhellenic Conference on Endocrine Gland Surgery with Turkish participation, Athens, 22-24/11/2019
108. Two-day conference: Breast Cancer Surgery. Current questions and data. 'University Surgery Clinic of the Medical School of the Democritus University of Thrace and the Board of Education of the Hellenic Surgical Society. Alexandroupolis 6-7 December 2019.
109. 32nd Panhellenic Surgery International Surgical Forum, Thessaloniki, June 9-12, 2021
110. 17th Panhellenic Congress of Surgical Infections, Alexandroupolis, October 23-25, 2021
111. 15th Conference of the Surgical Society of Northern Greece, Florina 5-7/11/2021
112. 17th Panhellenic Conference on Endocrine Gland Surgery, Thessaloniki, 19-21/11/2021
113. 6th Education and Research Conference, Alexandroupolis, 28-30/1/2022

23. ATTENDING INTERNATIONAL MEDICAL CONFERENCES

Total: 8

1. 4th International Symposium on advanced Laparo- Endoscopic Surgery Athens 27-29/5/ 1999
2. 1st International Congress on "Screening and early detection for a better Cancer management. International Strategy. Conference of the experts. Athens 15-17/3/2001
3. International conference on consequences in Adult age of endocrine diseases in childhood. Thessalonica 10-12/5/2001
4. 7th National Symposium «Acad. Ivan Penchev», Bulgarian Society of Endocrinology Section of Thyroidology, Bulgaria – Pamporovo 19 – 21/9/ 2001
5. 1st International conference on laparoscopic and open hepatopancreatobiliary surgery, 7-9/6/2002 Athens
6. International congress on colorectal cancer. Athos Palace Chalkidiki. 28-30 /5/ 2004
7. 1st International Interuniversity Gastroenterology Congress. Greece, Alexandroupolis 29 – 31 / 05 / 2008
8. 1st International Symposium of Pelvic Surgery. 4-5 /03/ 2016
9. 9th Biennial Congress of the European Society of Endocrine Surgeons. Greece Athens 26-28 May 2022.
10. Global Surgeons Summit. Meril Academy, Vapi, India 9-11/6/2022

24. INVITED SPEAKER IN INTERNATIONAL SCIENTIFIC MEETINGS

1. **When the large intestine does not reach. Stay calm.**

Announced at the Global Surgeons Summit. Meril Academy, Vapi, India 9-11/6/2022

27. ANNOUNCEMENTS IN GREEK SCIENTIFIC MEETINGS WITH PUBLICATION OF THE SUMMARIES

Published: 73

Position among the authors

- 1st in: 6
- 2nd in: 17
- 3rd in: 7
- Last in: 6
- Another position in: 37

2. **Ileo-ileal Intussusception due to a Meckel diverticulum: Diagnostic problems.**

Kamentsidis P, **Karanikas M**, Skarlatos X, Karapanagiotis K, Spyridakis I, Hamourtziadis G.

Announced at the 14th Northern Hellenic Medical Association, Thessaloniki 1999

The summary was published in the magazine "Hellenic Medicine", Volume 65, Supplement 2, page 34, No. 104, 1999.

3. **Hanging or ectopic spleen as a random finding. Splenectomy or maintenance?**

Moschidis A, Christakis X, Tzelepi K, Giambatzaki R, **Karanikas M**, Kamentsidis P, Hamourtziadis C

Announced at the 14th Northern Hellenic Medical Association, Thessaloniki 1999

The summary was published in the magazine "Hellenic Medicine", Volume 65, Supplement 2, page 23, No. 58, 1999.

4. **Results of laparoscopic cholecystectomy in the education of our doctors.**

Naoum M, Vassiliou Z, Kamentsidis P, **Karanikas M**, Pantelidis K, Christakis X, Hamourtziadis G.

Announced at the 4th Laparoscopic Surgery Athens 1999

The summary was published in the journal "Laparoscopic Surgery", Volume 1, Supplement, p. 19, No. 59, 1999

5. **Very rare case of serous oligocystic pancreatic adenoma.**

Brentas Th, **Karanikas M**, Tzelepis K, Stavrianos C, Christakis X, Hamourtziadis G.

Announced as a Poster in the 4th Session. Manual Company of Northern Greece, Ioannina 1999

It was announced as a Poster at the 23rd Panhellenic Surgery Conference and International Surgical Forum. Athens 7-12 / 11/2002

Announced as a Poster at the 1st Panhellenic Conference of the Hellenic Society of Digestive Surgery and 1ST Postgraduate course on Advances in Colorectal Diseases. Athens 20-23 / 11/2003

The summary was published in the Volume of Abstracts No. 156.

The summary was published in the journal Hellenic Surgery, volume 74, Sym. 1: 6, No. 287, 2002

The summary was published in the Volume of Abstracts No. P58

6. **Melanosis of the colon and appendix.**

Vassileiou Z, Tzelepi K, Stavrianos C, **Karanikas M**, Christakis X, Hamourtziadis G.

Announced as a Poster at the 4th Conference of the Handicraft Society of Northern Greece, Ioannina 1999

The summary was published in the Volume of Abstracts No. 89.

7. Appendicular mucosal cystadenoma. Presentation of two cases.

Konstantinidis A, **Karanikas M**, Petrovits B, Kamentsidis P, Karapanagiotis K, Hamourtziadis G.

Announced as a Poster at the 4th Conference of the Handicraft Society of Northern Greece, Ioannina 1999

The summary was published in the Volume of Abstracts No. 92.

8. Huerthle cell tumors of the thyroid gland. Statistical comparative study of the last two decades.

P. Kamentsidis, **M. Karanikas**, T. Brentas, P. Stergianoudis, M. Naoum, D. Tsavdaridis, G. Hamourtziadis.

Announced as a Poster at the 15th Northern Helladic Medical Conference, Thessaloniki 2000

The summary was published in the magazine "Hellenic Medicine", Volume 66, Supplement 1, page 15, No. 26, 1999.

9. Nodular goiter and thyroid cancer. A two-decade comparative study.

M. Karanikas, Z. Vassiliou, K. Karapanagiotis, E. Haratsidi, T. Tsoulkas, G. Hamourtziadis.

Announced as a Poster at the 15th Northern Helladic Medical Conference, Thessaloniki 2000

The summary was published in the magazine "Hellenic Medicine", Volume 66, Supplement 1, page 15, No. 25, 1999.

10. Total parenteral nutrition (TPN) in patients with postoperative upper gastrointestinal fistulas.

A. Moschidis, P. Kamentsidis, **M. Karanikas**, K. Tzelepis, M. Naoum, D. Tsavdaridis, C. Christakis.

It was announced as a Poster at the 9th Panhellenic Symposium on Parenteral and Intestinal Nutrition. Ioannina 11/2000

The summary was published in the Volume of Abstracts No. 2.

11. Primary NON-HODGKIN digestive lymphoma. Review of an old problem.

Karanikas M, Moschidis A, Konstantinidis A, Tzelepis K, Naoum M, Tsavdaridis D, Christakis Ch.

Announced at the XXII Panel Conference on Athens 2000

The summary was published in the Volume of Abstracts No. 449.

12. Spleen angiosarcoma. Report of a rare case.

Karapanagiotis K, Moschidis A, Economidis L, Kontos N, **Karanikas M**, Christakis Ch.

Announced at the XXII Panel Conference on Athens 2000

The summary was published in the Volume of Abstracts No. 226.

13. Re-examination of patients with CA colon surgery as a measure to prevent recurrence and the second primary tumor. Precursor study-Creation of a protocol.

Christakis C, Naoum M, Karapanagiotis K, Brentas Th, **Karanikas M**, Tzelepi K, Haratsidi E, Economidis L.

It was announced at the 1st international conference "Prevention and early diagnosis for better treatment of cancer. International Strategy »Athens 15-17 / 3/2001 - The summary of the Conference No. 44 was published.

14. MILLIGAN-MORGAN hemorrhoidectomy with LIGASURE forceps.

Moschidis A., **Karanikas M.**, Konstantinidis A., Vassiliou Z., Pantelidis K, Brentas Th, Christakis C

It was announced as a Poster at the 16th Northern Helladic Medical Conference in Thessaloniki April 26-28, 2001

The summary was published in the magazine "Hellenic Medicine", Volume 67, Supplement 3, page 55, No. 186, 2001.

15. Treatment of complications during laparoscopic cholecystectomy.

Naoum M., Skarlatos Ch., Moschidis A., **Karanikas M.**, Haratsidi E., Vassiliou Z., Christakis Ch.

Announced as a Poster at the 16th Northern Helladic Medical Conference Thessaloniki 26-28 April 2001

The summary was published in the magazine "Hellenic Medicine", Volume 67, Supplement 3, page 69, No. 241, 2001.

16. Our experience in laparoscopic cholecystectomy

Naoum M, Kontos N, Mavromatis N, Tsoulkas Th, Vassiliou Z, **Karanikas M**, Haratsidi E, Christakis

Announced in the 5th Panel. Syn.Laparo- Endoscopic Surgery & 5th international symposium on advanced laparo- endoscopic surgery Athens 24-26 May 2001

The summary was published in the journal "Laparoscopic Surgery", Volume 3, pp. 17-18, No. 37, 2001.

17. Technical difficulties of Laparoscopic cholecystctomy.

Mavromatis N., Vassiliou Z, Brentas Th., Skarlatos Ch., Haratsidi E., **Karanikas M.**,Tzelepis K, Christakis Ch.

Announced in the 5th Panel. Syn.Laparo- Endoscopic Surgery & 5th international symposium on advanced laparo- endoscopic surgery Athens 24-26 May 2001

The summary was published in the journal "Laparoscopic Surgery", Volume 3, page 41, No. 107, 2001.

18. Large submerged toxic goiter: Diagnostic and therapeutic approach.

K Karapanagiotis, **M Karanikas**, A Moschidis, E Haratsidi, M Naoum, G Ioannou, Ch Christakis

Announced as a poster at the 5th Conference of the Surgical Society of Northern Greece Thessaloniki 31/10 - 3/11 2001

The summary was published in the Volume of Abstracts p1.

19. Primary gallbladder cancer. Diagnostic and therapeutic approach.

Moschidis A., Tzelepi K, Karapanagiotis K, Haratsidi E, **Karanikas M**, Naoum M, Tsavdaridis D, Christakis Ch.

Announced at the 7th Panhellenic Congress of Surgical Oncology Athens 25-27 May 2001

Announced at the 5th Conference of the Surgical Society of Northern Greece Thessaloniki 31/10 - 3/11 2001

The summary was published in the Volume of Abstracts No. 77.

The summary was published in the Volume of Abstracts No. 45.

20. Ultrasound imaging of breast processes (CDI) with parallel injection of contrast agent.

A. Meletiou, K. Karapanagiotis, V. Petrovic, Chr. Hadjidimitriou, **M. Karanikas**, G. Mavropoulos, C. Christakis.

Announced at the 8th Panhellenic Mastology Conference March 7-10, 2002 Thessaloniki

The summary was published in the magazine "Hellenic Medicine", Volume 68, Supplement 1, page 109, No. B.3, 2002.

21. Coexistence of gynecomastia (GMA) and chronic renal failure in men of reproductive age. Association with reproductive hormones.

K. Karapanagiotis, S. Spia, V. Petrovic, N. Askepidis, **M. Karanikas**, C. Christakis

Announced at the 8th Panhellenic Mastology Conference March 7-10, 2002 Thessaloniki

The summary was published in the magazine "Hellenic Medicine", Volume 68, Supplement 1, page 111, No. G.8, 2002.

22. Large retroperitoneal liposarcoma. Presentation of an incident.

Karanikas M, Kontos N, Karapanagiotis K, Konstantinidis A, Papadopoulou S, Kafetzis D, Moschidis A, Christakis Ch.

It was announced at the 7th Panhellenic meeting of pancreatic bile duct surgery & inaugural conference of the Hellenic Society of Digestive Surgery. Alexandroupolis 19-21 / 9/2002

It was announced as a Poster at the 23rd Panhellenic Surgery Conference and International Surgical Forum. Athens 7-12 / 11/2002

The summary was published in the Volume of Abstracts Page: 99

The summary was published in the journal Hellenic Surgery, volume 74, Sym.

1: 6, No. 286, 2002

Published in the book Developments in Surgery 2002.

Published in the book Developments in Surgery 2002. Modern diagnostic and therapeutic approaches. Synedron Publications 2002. Pages: 232-233.

23. Hemangiomas of the liver. Rapid assessment, diagnosis and treatment.

Kontos N, Petrovic B, Vassiliou Z, Meletiou A, Geromichalos C, **Karanikas M**, Hatzidimitriou C, Christakis C.

It was announced at the 7th Panhellenic meeting of pancreatic bile duct surgery & inaugural conference of the Hellenic Society of Digestive Surgery. Alexandroupolis 19-21 / 9/2002

The summary was published in the Volume of Abstracts Page: 76.

24. Rare giant retroperitoneal ganglioneuroma with liver infiltration. Presentation and case analysis.

K. Tzelepi, **M. Karanikas**, D. Kafetzis, S. Papadopoulou, C. Chatzidimitriou, D. Livadiotou, C. Christakis
It was announced as a Poster at the 23rd Panhellenic Surgery Conference and International Surgical Forum. Athens 7-12 / 11/2002

The summary was published in the magazine Hellenic Surgery, volume 74, Sym. 1: 6, No. 285, 2002

25. Synchronous cancers

M. Karanikas, D. Kafetzis, C. Chatzidimitriou, S. Papadopoulou, K. Tzelepis, D. Livadiotou, C. Christakis.

It was announced as a Poster at the 23rd Panhellenic Surgery Conference and International Surgical Forum. Athens 7-12 / 11/2002

The summary was published in the magazine Hellenic Surgery, volume 74, Sym. 1: 6, No. 288, 2002

Published in the book Developments in Surgery 2002. Modern diagnostic and therapeutic approaches. Synedron Publications 2002. Pages: 8-9.

26. Ileo-cecum intussusception due to NON HODGKIN cecum lymphoma.

M. Karanikas, K. Tzelepis, D. Tsavdaridis, G. Gaziotis, M. Kytikidou, A. Moschidis, Ch Christakis

Announced at the Second Surgical Oncology Meeting. At sea to Venice 25-28 / 10/2003

It was announced as a Poster at the 1st Panhellenic Conference of the Hellenic Society of Digestive Surgery and 1ST Postgraduate course on Advances in Colorectal Diseases. Athens 20-23 / 11/2003

The summary was published in the Volume of Abstracts No. P59.

27. The application of somatostatin in the treatment of endogenous hypoglycemia.

I. Kougioumtzi, **M. Karanikas**, N. Lyratzopoulos, V. Popko, G. Minopoulos, K.I. Manolas.

It was announced at the 8th Panhellenic meeting of pancreatic bile duct surgery. Alexandroupolis 21-22/5/2004

28. The effect of total thyroidectomy on the ocular in GRAVES disease: measurement of ocular changes with HAT of the ocular cavities. (Prospective study).

K Manolas, N Lyratzopoulos, E Efraimidou, **M Karanikas**, G Lymperakidis, E Pavlidou.

It was announced at the 24th Panhellenic Surgery Conference. Thessaloniki 25/10/2004

Published in the Proceedings Volume of the conference (p. 56, AA 85)

29. Is an enterostomy specialist (STOMA THERAPIST) needed in Greece?

E. Christodoulou, I. Kyriazanos, D. Kardasis, F. Sotiropoulou, P. Karatzopoulos, E. Varada, K. Tzelepis,
M. Karanikas

It was announced as a poster at the 1st Panhellenic Conference of the Hellenic Society of Colon and Anal Surgery. Thessaloniki 25-27 / 2/2005

The summary was published in the minutes of the Conference No: P62

30. Perianal fistulas in CROHN disease.

N. Lyratzopoulos, E. Efraimidou, K. Romanidis, **M. Karanikas**, G.I. Minopoulos

It was announced at the 1st Panhellenic Conference of the Hellenic Society of Colon and Anal Surgery. Thessaloniki 25-27 / 2/2005

Published in the Conference Summary Book (p. 85, AA052).

31. 1st and 2nd side fractures as an indicator of serious injury.

N. Barbetakis, **M. Karanikas**, N. Lyratzopoulos, K. Romanidis, M. Papageorgiou, R. Halaile, K.I. Manolas.

Announced at the 3rd Conference of the Hellenic Society of Trauma and Emergency Surgery. Athens 25-27 / 2/2005

Published in the Volume of Abstracts (p. 85, AA 3).

32. Homer's Iliad: The chest wound on the battlefield.

N. Barbetakis, N. Lyratzopoulos, E. Efraimidou, **M. Karanikas**, E. Pavlidou, G. Minopoulos, K.I. Manolas

Announced at the 3rd Conference of the Hellenic Society of Trauma and Emergency Surgery. Athens 25-27 / 2/2005

Published in the Volume of Abstracts (p. 89, AA 11).

33. Digestive system fistulas. Ten years experience.

N. Lyratzopoulos, E. Efraimidou, M. Papageorgiou, **M. Karanikas**, G. Minopoulos, K. I. Manolas.

Announced at the 7th Conference of the Surgical Society of Northern Greece, Alexandroupolis, October 14-15, 2005.

Published in the Conference Abstracts Book (p.142, AA 0117).

34. Evaluation of preoperative serum thyroglobulin values in benign and malignant thyroid diseases.

M. Papageorgiou, N. Lyratzopoulos, K. Romanidis, **M. Karanikas**, R. Halaile, K.I. Manolas.

It was announced at the 9th Panhellenic Congress of Surgical Oncology. Alexandroupoli 11-13 / 11/2005

35. Gastrointestinal stromal tumors (GIST) with peculiarities in size and clinical manifestations. From diagnosis to treatment.

Danos I., Moschidis A., Chatzidimitriou Ch., Galanopoulos G. **Karanikas M.**, Christakis Ch.

It was announced at the 9th Panhellenic Congress of Surgical Oncology. Alexandroupoli 11-13 / 11/2005

36. Skin metastases from adenocarcinoma of the colon.

Moschidis A, Tsakmakas D, Koutsogiannidis XI, Papadopoulou Sm, **Karanikas M**, Christakis Chr.

It was announced at the 9th Panhellenic Congress of Surgical Oncology. Alexandroupoli 11-13 / 11/2005

37. Frequency of localization of adenocarcinoma of the colon and rectum, in relation to age and sex: A retrospective study in the region of Thrace.

Efraimidou E, Lyratzopoulos N, Kouklakis C, Tourlis Th, **Karanikas M**, Papageorgiou M, Manolas KI, Minopoulos G.

Announced at the 25th Panhellenic Surgery Conference and International Surgical Forum 2006. Athens 22-26 / 11/2006

The summary was published in the journal Hellenic Surgery, volume 78, Cont. : 6, No 187, 2006

38. Permanent percutaneous diphtheria access technique to the portal vein

Souftas V., Mantatzis M., Kozadinis A., **Karanikas M.**, Helis L., Kakolyris St., Lyratzopoulos N., Prasopoulos P.

It was announced in the form of a free announcement at the 15th Panhellenic Radiology Conference, Athens, December 13-16, 2006.

Published in the conference summary book (OJ 175).

39. Collaborative action of protease modifier with autologous growth factors in diabetic foot ulcers

Despina Kakagia, Konstantinos Kazakos, Konstantinos Xarchas, **Michail Karanikas**, Georgios Georgiadis, Grigorios Terpsiannis, Konstantinos Tsepelidis, Konstantinos Manolas

Announced at the 30th Panhellenic Conference on Wound and Ulcer Healing, Athens, March 15-17, 2007.

Published in the Conference Abstracts volume p. 64, EU 5

40. The importance of the Surgeon's experience in the treatment of primary and secondary hyperparathyroidism

K. I. Manolas, N. Lyratzopoulos, E. Pavlidou, E. I. Eufraimidou, **M. Karanikas**.

Announced at the Spring Conference "The Undesirable Side of Endocrine Surgery - Reoperations and Complications" of the Hellenic Society of Endocrine Surgery, Heraklion, Crete, May 25-26, 2007.

Published in the Conference Abstracts volume p. 15

41. Synergistic action of microenvironmental modifiers with autologous growth factors in the healing of diabetic ulcers.

D. Kakagia, K. Kazakos, K. Xarhas, G. Georgiadis, **M. Karanikas**, K. Manolas.

Announced at the 8th Panhellenic Plastic Repair Conference &

Cosmetic Surgery. Halkidiki 4-7 / 10/2007.

Published in the Abstracts volume of the EA53 conference

- 42. Perforation of the duodenum as the first clinical manifestation of primary hyperparathyroidism.**
E. Efraimidou, N. Lyratzopoulos, M. Papageorgiou, **M. Karanikas**, K.I. Manolas.
It was announced at the 10th Panhellenic Conference of the Hellenic Society of Endocrine Surgery.
Athens 23-25 / 11/2007.
Published in the Conference Abstracts volume
- 43. Study of the relationship between vascular density (MVD) and VEGF as indicators of angiogenesis with the weight and functionality of hyperplastic parathyroid tissue in adenoma and diffuse hyperplasia**
Pavlidou E. Euframidou E, Lyratzopoulos N, **Karanikas M**, Romanidis K, Manolas K
Announced at the 26th Panhellenic Surgery International Surgical Forum, Athens, 12-15 / 11/2008
Published in the Abstracts Volume of the EA255 conference - the abstract published in the journal "Greek Surgery" November - December 2008; 80, 6I: 134-135
- 44. Comparative study of the expression of apoptotic proteins in nodular hyperplasia of the thyroid gland in FNA and histological examination. Prospective clinical laboratory study.**
Karanikas M, Lyratzopoulos N, Papageorgiou M, Efraimidou E, Mourouzidis C, Manolas K
Announced at the 26th Panhellenic Surgery International Surgical Forum, Athens, November 12-15, 2008.
Published in the Conference Abstracts Volume EA254 - The abstract was published in the journal "Greek Surgery" November - December 2008; 80, 6I: 134
- 45. Transcatheter Arterial Chemoembolization (TACE) of Hepatocellular Carcinomas (HCC).**
Branou E., Michailidou E., **Karanikas M.**, Lyrantzopoulos N., Souftas V., Prasopoulos P.
Announced at the 18th Interuniversity Radiology Conference. Ioannina 1416/11/2008
Published in Conference Abstracts Volume (P6, p. 126)
- 46. Intra-abdominal injuries: epidemiology-treatment in a tertiary hospital**
Siasios I, Lyratzopoulos N., Euframidou E., Mitrakas A., **Karanikas M.**, Manolas K.I.
Announced at the 5th Conference of the Hellenic Society of Trauma & Emergency Surgery, Athens, February 19-21, 2009.
Published in the Conference Abstracts Volume (P87, p. 171)
- 47. Percutaneous gastrostomy: Five-year experience 2005-2009**
A. Mitrakas, **M. Karanikas**, E. Efraimidou, P. Touzopoulos, G. Belos, G. Kouklakis, N. Lyratzopoulos, A. Polychronidis
Announced at the 14th Panhellenic Conference on Parenteral & Intestinal Nutrition, Alexandroupolis, November 19-21, 2010

Published in the Conference Abstracts Volume (No 07, p. 33).

48. Complications from central venous catheter placement in the subclavian vein during total parenteral nutrition

Ch. Doitsidis, **M. Karanikas**, A. Mitrakas, E. Pavlidou, Ath. Bunovas, I. Diamantis, N Lyratzopoulos, A. Polychronidis

Announced at the 14th Panhellenic Conference on Parenteral & Intestinal Nutrition,
Alex / city 19-21 / 11/2010

Published in the volume of Abstracts of the conference (No. 11, p. 37)

49. Coexistence of chronic lymphocytic thyroiditis with well-differentiated thyroid carcinoma. - A prospective study

D. Askitis, E. Efraimidou, **M. Karanikas**, A. Mitrakas, A. Polychronidis, N. Lyratzopoulos.

Announced at the 12th Panhellenic Conference on Endocrine Surgery Athens 25-27 / 11/2011

Published in the volume of Abstracts of the conference (No. 27, p. 29)

50. Hyperthyroidism and Thyroid Cancer - A Prospective Study.

D. Askitis, E. Efraimidou, A. Mitrakas, **M. Karanikas**, A. Polychronidis, N. Lyratzopoulos.

Announced at the 12th Panhellenic Conference on Endocrine Surgery Athens 25-27 / 11/2011

Published in the volume of Abstracts of the conference (No 28, p. 30)

51. Should views on treating symptomatic simple cysts with percutaneous sclerotherapy be revised? Preliminary announcement

Souftas V., Kosmidou M., **Karanikas M.**, Lyrantzopoulos N., Prassopoulos P.

It was announced at the XVII Panhellenic Radiology Conference. Athens 12-14 / 10/2012

Published in the volume of Abstracts of the conference (No. 295, p. 191)

52. Giuseppe Gradenigo: Much more than a syndrome! Historical Vignette

G. Matis, D. Silva, O. Chrysou, **M. Karanikas**, T. Birbilis.

Announced at the 26th Panhellenic Conference on Neurosurgery. Thessaloniki 312/6/20212

Published as E-Poster P15 <http://www.epostersonline>

53. Diagnostic reliability of thyroglobulin in the preoperative evaluation of benign and malignant thyroid diseases.

D. Askitis, E. Efraimidou, **M. Karanikas**, L. Mitrakas, G. Trypsianis, A. Polychronidis,

Announced at the 40th Panhellenic Conference on Endocrinology & Metabolism. Athens 17-20 / 04/2013

Published in the Conference Abstracts volume (P12)

54. Sub-hepatic pseudocyst in a patient with ventricular peritoneal valve CSF.

Th. Birbilis, **M. Karanikas**, F. Boz-Ali, Z. Tzoutze-Oglou, K. Kontogiannidis

Announced at the 28th Panhellenic Conference on Neurosurgery & 8th Scientific

Meeting of Neurosurgery Nurses. Kavala 19-22 / 06/2014

Published in the Conference Abstracts volume (P020)

55. A new forceps for the safe and easier insertion of subdural catheter: technical note

T. Birbilis, **M. Karanikas**, T. Deftereou, K. Kontogiannidis

Announced at the 28th Panhellenic Conference on Neurosurgery & 8th Scientific Meeting of Neurosurgery Nurses. Kavala 19-22 / 06/2014

Published in the Conference Abstracts volume (P027)

56. Serum TSH and risk of thyroid microcarcinoma in non-toxic nodular thyroid disease

Askitis D., Efraimidou I.E., **Karanikas M.**, Trypsianis G., Polychronidis A., Lyratzopoulos N.

Announced at the 43rd Panhellenic Conference on Endocrinology, Metabolism & Diabetes. Athens 20-23 / 05/2016

Published in the Conference Abstracts volume (P75)

57. Possible factors related to the survival of the technique in patients undergoing peritoneal dialysis

M. Theodoridis, S. Panagoutsos, **M. Karanikas**, E. Triantaphyllidou, A. Esempidis, K. Kantartzi, E. Mourvatis, P. Pasadakis

It was announced at the 19th Panhellenic Congress of Nephrology. Kalamata, 11-14 May 2016

Published in the Conference Abstracts volume (P 13)

58. The role of red and processed meat in cancer and dietary recommendations

Alexiadou D., **Karanikas M.**

It was announced at the 22nd Scientific Conference of Medical Students of Greece & the 10th International Forum of Medical Students & Young Doctors of Greece. Patras, 13-15 May 2016

Published in the Conference Abstracts volume (pp. 104, 119)

59. Frequency of thyroid microcarcinoma as a random finding after total thyroidectomy for benign thyroid diseases. Retrospective study (2004-16).

Esempidis A., Efraimidou E., Askitis D., **Karanikas M.**, Bozali F., Voulgaris G., Lyratzopoulos N., Polychronidis A.

It was announced at the 13th Conference of the Surgical Society of Northern Greece as an electronically posted announcement. Thessaloniki, 3-5 November 2017

Published in the Abstracts volume of the P12 conference.

60. Our experience in the treatment of lateral fistulas with the VAAFT method

Nikolaou Ch., Manoli A., Karageorgiou A., Doukas D., Vamvakerou V., Kofina K., **Karanikas M.**

It was announced at the 13th Conference of the Surgical Society of Northern Greece as an oral announcement in the student forum. Thessaloniki, 3-5 November 2017

Published in the volume Abstracts of the conference f020

61. EPSIT method for the treatment of pilonidal cyst.

Karageorgiou A, Manoli A, Nikolaou X, Antonopoulou M, Boz Ali F, Esempidis A., **Karanikas M**

It was announced at the 13th Conference of the Surgical Society of Northern Greece as an oral announcement in the student forum. Thessaloniki, 3-5 November 2017

Published in the volume Abstracts of the conference f021

62. Endovascular treatment of splenic artery aneurysm spontaneous rupture with preservation of the spleen. Presentation of an interesting case.

K. Kofina, V. Souftas, **M. Karanikas**, N. Lyratzopoulos, E. Euframidou

It was announced at the 14th Conference of the Surgical Society of Northern Greece as a posted announcement. Thessaloniki, 8-10 November 2019

Published on the conference CD PO.24

63. Laparoscopic non-traumatic hernia repair: video presentation

Nikolaos Michalopoulos¹, Konstantinos Sapalidis¹, Styliani Laskou¹, Charilaos Koulouris¹, Christoforos Kosmidis¹, Dimitrios Giannakidis¹, Aristoklis Paraschou¹, **Michail Karanikas²**, Isaak Kesisoglou

Announced at the 32nd Panhellenic Surgery International Surgical Forum, Thessaloniki, June 9-12, 2021.

Published in the proceedings of the conference VP.55

64. Laparoscopic non-traumatic inguinal hernia repair (tapp): video presentation

Nikolaos Michalopoulos¹, Styliani Laskou¹, Charilaos Koulouris¹, Christoforos Kosmidis¹, Dimitrios Giannakidis¹, Aristoklis Paraschou¹, **Michail Karanikas²**, Konstantinos Sapalidis¹, Isaak Kesisoglou

Announced at the 32nd Panhellenic Surgery International Surgical Forum, Thessaloniki, June 9-12, 2021.

Published in the proceedings of the conference VP.56

65. Reverse laparoscopic cholecystectomy: a safe choice in difficult cholecystectomy. Video presentation

Nikolaos Michalopoulos¹, Konstantinos Sapalidis¹, Styliani Laskou¹, Charilaos Koulouris¹, Christoforos Kosmidis¹, Dimitrios Giannakidis¹, Aristoklis Paraschou¹, **Michail Karanikas²**, Isaak Kesisoglou

Announced at the 32nd Panhellenic Surgery International Surgical Forum, Thessaloniki, June 9-12, 2021.

Published in the conference abstract volume OP.272

66. Squamous cell carcinoma in the soil of chronic capillary cysts - a rare case

Kofina Konstantinia, Karanikas Apostolos, Dimitriou Maria, Markou Markos, Voulgaris Georgios, Sotiropoulou Rodopi, **Karanikas Michael**.

Announced at the 32nd Panhellenic Surgery International Surgical Forum, Thessaloniki, June 9-12, 2021.

Published in the conference abstract volume PA.318

67. Solitary echinococcal cyst of the abdominal wall - a rare case

Kofina Konstantinia, Kakazani Maria, Papatheodorou Nikolaos, **Karanikas Michael**, Lyratzopoulos Nikolaos, Polychronidis Alexandros.

Announced at the 32nd Panhellenic Surgery International Surgical Forum, Thessaloniki, June 9-12, 2021.

Published in the conference abstract volume PA.321

68. Primary ectopic Merkel cell carcinoma without skin involvement - case presentation with optimal prognosis.

Konstantinia Kofina, Maria Kakazani, Charalambos Kafalis, Maria-Eleni Zahou, Nikolaos Lyratzopoulos, **Michail Karanikas**, Eleni I. Euframidou

Announced at the 32nd Panhellenic Surgery International Surgical Forum, Thessaloniki, June 9-12, 2021.

Published in the conference abstract volume PA.323

69. Automatic extended duodenal perforation after treatment of ovarian cancer with Bevacizumab

Konstantinia Kofina, Maria Antonopoulou, Georgios Voulgaris, Maria Kakazani, **Michail Karanikas**, Eleni Eframidou, Nikolaos Lyratzopoulos, Alexandros Polychronidis

Announced at the 32nd Panhellenic Surgery International Surgical Forum, Thessaloniki, June 9-12, 2021.

Published in the conference abstract volume PA.352

70. Bladder in constricted inguinal hernia - presentation of an interesting case

Konstantinia Kofina, Georgios Voulgaris, Charalambos Kafalis, Maria-Eleni Zahou, **Michail Karanikas**, Eleni Euframidou, Nikolaos Lyratzopoulos

Announced at the 32nd Panhellenic Surgery International Surgical Forum, Thessaloniki, June 9-12, 2021.

Published in the Conference abstract volume PA.365

71. Fournier Gangrene. A potentially death necrotic infection.

Eleni Kiosse, Markos Markou, Rodopi Sotiropoulou, Konstantinia Kofina, Maria Kakazani, **Michael Karanikas**.

Announced at the 17TH Panhellenic Congress of Surgical Infections, Alexandroupolis, October 23-25, 2021.

Published in the Conference abstract volume EA.4

72. Necrotic Infection of soft tissue after injury. Case Presentation.

Markos Markou, Rodopi Sotiropoulou, Georgios Voulgaris, **Michael Karanikas**, Alexandros Polychronidis, Sotirios Botaitis

Announced at the 17TH Panhellenic Congress of Surgical Infections, Alexandroupolis, October 23-25,2021.

Published in the Conference abstract volume AA.18

73. The Sudeck point and its importance in colon surgery

Paschos K., **M. Karanikas**, Fiska A.

Poster at the 6th Education and Research Conference, Alexandroupolis, January 28-30, 2022

Published in the Conference abstract volume P15

74. The way the anatomy serves the "seed and soil" theory in bone metastases of the breast cancer.

Valaora D., **Karanikas M.**, Fiska A.

Oral Presentation at the 6th Education and Research Conference, Alexandroupolis, January 28-30, 2022

Published in the Conference abstract volume O36

28. ANNOUNCEMENTS IN INTERNATIONAL SCIENTIFIC MEETINGS WITH PUBLICATION OF THE SUMMARIES

Published: 18

Position among the authors

- 2nd in: 2
- 3rd in: 6
- Another position in: 10

1. The incidence of thyroid cancer in northern Greece during the last 20 years.

N. Pontikides, A. Moschides, **M. Karanikas**, M. Naoum, Ch. Christakis, G.E.Krassas.

Ανακοινώθηκε στο 7th National Symposium «Acad. Ivan Penchev», Bulgarian Society of Endocrinology

Section of Thyroidology, Bulgaria – Pamporovo Sept 19 – 21 2001

Endocrinologia, vol VI, No 3:52-53 2001

2. Supranutritional dose of vit C and vit D combat free radicals and oxidative in a rat liver ischemia reperfusion injury model.

Kontos N, Giakoustidis D, Iliadis S, Koliakou N, Papageorgiou G, Pantelidis K, Skarlatos C, **Karanikas M**, Christakis C.

11th World Congress of the International Association of Surgeons & Gastroenterologists (Former International Gastro- Surgical Club – ICSC) Heraklion, Crete – Greece 1-4 Nov 2001

Hepatogastroenterology 48 (Suppl. I):11, 2001

3. **The guidewire technique is associated with lower rate of post – endoscopic retrograde cholangiopancreatography complications in patients with choledocholithiasis: a single district hospital experience.**

Anthia Gatopoulou, Lirantzopoulos Nikolaos, Efraimidou Eleni, **Karanikas Mihalīs**,
Manolas Konstantinos, Koiddakīs Georgios.

18^o International Postgraduate Course of the International Association of Surgeons, Gastroenterologists and Oncologists, Istanbul Turkey, October 2008

P006, Ref No: 221

[Hepato-Gastroenterology 2008; 55\(Suppl I\): A112-113 Index PubMed](#)

4. **Multifocality of thyroid carcinomas: Not only a "privilege" of papillary tumors**

M.S. Papageorgiou, **M. Karanikas**, E. Efremidou, N. Lirantzopoulos, K.J. Manolas

4th Biennial Congress, Vienna Austria, 13-15 May, 2010

P046, p.38

5. **The role of ultrasound – Guided interventional techniques in the diagnosis and treatment of focal breast lesions**

Michailidou E., Oikonomou A., Efremidou E., **Karanikas M.**, Karamanidis D., Vranou E., Prassopoulos P.

8th Balkan Congress of Radiology-BCR 2010, Alexandroupoli, Greece, 29-31 October, 2010

P103, p.65

6. **A quick calculation of predicted death rate of APACHE-II system in patients with moderate head injuries**

Georgios Matis, Theodossios Birbilis, Olga Chrysou, Kosmas Kontogiannidis, Elena Karakosta, Athanassios Zissimopoulos, **Michail Karanikas**, Nikolaos Lyrantzopoulos, Georgios Minopoulos.

14th European Congress of Neurosurgery (EANS), Rome, Italy, 09/14/10/2011).

E-Poster 247

http://www.multiwebcast.com/eans/2011/14th/10025/#show10025_29833

7. **Spine journals through citation metrics: is there a difference?**

Georgios Matis, Theodossios Birbilis, Olga Chrysou, Kosmas Kontogiannidis, Elena Karakosta, Athanassios Zissimopoulos, **Michail Karanikas**, Nikolaos Lyrantzopoulos, Georgios Minopoulos.

14th European Congress of Neurosurgery (EANS), Rome, Italy, 09/14/10/2011).

E-Poster 276

8. **The influence of manuscript titles on citation rates: the case of the Spine Journal**

Georgios Matis, Theodossios Birbilis, Olga Chrysou, Kosmas Kontogiannidis, Elena Karakosta, Athanassios Zissimopoulos, **Michail Karanikas**, Nikolaos Lyrantzopoulos, Georgios Minopoulos.

14th European Congress of Neurosurgery (EANS), Rome, Italy, 09/14/10/2011).

E-Poster 27

9. **Giuseppe Gradenigo: Much more than a syndrome! Historical Vignette**

G. Matis, D. Silva, O. Chrysou, **M. Karanikas**, T. Birbilis.

26th Panhellenic Conference on Neurosurgery with international participation. Thessaloniki
31/5-2/6/20212

E-Poster P15 <http://www.epostersonline>

10. A modified method for percutaneous treatment of symptomatic simple cysts

V.D. Souftas, M. Kosmidou, A. Chatzistefanou, **M. Karanikas**, N. Lyrantzopoulos, P. Prassopoulos
10th Balkan Congress of Radiology. Bulgaria, Sandanski 1-4 November 2012

E-Poster P111

11. Coexistence of chronic lymphocytic thyroiditis and well differentiated thyroid cancer-a prospective study

D. Askitis, E. Eufraimidou, **M. Karanikas**, A. Mitrakas, A. Polychronidis, G. Tripsianis &
N. Lyrantzopoulos

15th International & 14th European Congress of Endocrinology. Italy, Florence, 05-09 May 2012

Endocrine Abstracts (2012) 29 P1777

12. Hyperthyroidism and thyroid cancer-a prospective study

D. Askitis, E. Eufraimidou, **M. Karanikas**, A. Mitrakas, A. Polychronidis, G. Tripsianis &
N. Lyrantzopoulos .

15th International & 14th European Congress of Endocrinology. Italy, Florence, 05-09 May 2012.

Endocrine Abstracts (2012) 29 P1776

13. Long-Term Experience with percutaneously peritoneal catheter placement

Marios Theodoridis, Stylianos Panagoutsos, Elias Thodis, **Michail Karanikas**, Alexandros Mitrakas, Pelagia
Kriki, Konstantia Kantartzi, Ploumis Passadakis, Vassilis Vargemezis.

50th Congress ERA-EDTA. Turkey, Istanbul 18-21 May, 2013.

poster (MP420)

14. Incidence of thyroid microcarcinoma in relation to gender and age in non-toxic thyroid diseases treated with total thyroidectomy

Askitis P., Efreimidou E., **Karanikas M.**, Esempidis A., Tripsianis G., Polychronidis A., Lirantzopoulos N.

16th European Congress of Endocrinology. Poland, Wroctaw, 0307 May 2014

E-Poster (P1087) DOI: [10.1530/endoabs.35.P1087](https://doi.org/10.1530/endoabs.35.P1087)

15. Baseline serum TSH and risk of thyroid microcarcinoma in non-toxic nodular thyroid disease

Dimitrios Askitis, Eleni I Efreimidou, **Michael Karanikas**, Gregory Tripsianis, Alexandros
Polychronidis & Nikolaos Lirantzopoulos

18th European Congress of Endocrinology. Germany, Munich, 28-31 May 2016

E-Poster (EP1127) DOI: [10.1530/endoabs.41.EP1127](https://doi.org/10.1530/endoabs.41.EP1127)

- 16. Thyroid autoimmunity and risk of incidental thyroid microcarcinoma in non-toxic nodular thyroid diseases.**

Dimitrios Askitis¹, Eleni I Efremidou¹, **Michail A Karanikas¹**, Grigorios Tripsianis¹, Alexandra Giatromanolaki², Alexandros Polychronidis¹ & Nikolaos Lyratzopoulos¹

19th European Congress of Endocrinology. Lisbon, Portugal 20-23 May 2017

E-Poster (EP1378) DOI: [10.1530/endoabs.49.EP1378](https://doi.org/10.1530/endoabs.49.EP1378)
- 17. The effect of peritoneal dialysis modality selection and new dialysis solutions on patients survival.**

Marios Theodoridis², Stylianos Panagoutsos², Konstantia Kantartzi, Despoina Chatzidimitriou², Eleni Triantafyllidou², **Michael Karanikas**, Ploumis Passadakis

55th ERA-EDTA CONGRESS Copenhagen Denmark May 24th - 27th 2018

Nephrology Dialysis Transplantation, Volume 33, Issue suppl_1, May 2018, Pages i521–i522, <https://doi.org/10.1093/ndt/gfy104.SP514>
- 18. Parathyroid hormone excess due to denosumab application and concomitant parathyroid adenoma with an atypical scintigraphic pattern- a case report**

Dimitrios Askitis¹, **Michail Karanikas²**, Nikolaos Michalopoulos², Aphrodit Strataki³ & Athanasios Zissimopoulos³

21st European Congress of Endocrinology. Lyon, France 18-21 May 2019

E-Poster (P483) | DOI: [10.1530/endoabs.63.P483](https://doi.org/10.1530/endoabs.63.P483)
- 19. Laparoscopic versus laparoscopically assisted pediatric inguinal hernia repair: a systematic review**

Maria Petridou, **Michael Karanikas**, Christos Kaselas

22nd European Pediatric Surgeons Congress. Athens 1-4 September 2021

P127

26. LITERARY ACTIVITY

26.A. FULL PUBLICATIONS IN GREEK MEDICAL MAGAZINES

Total: **3**

1. Karapanagiotis K Pantelidis K, Meletiou A, Kontos N, **Karanikas M**, Haratsidi E, Tzelepi K, Christakis C. **Male breast cancer. Retrospective study of risk factors. Material of a decade.** Hellenic Surgical Oncology, 2003, Volume 3
2. Pasxos K.A., **Karanikas M.**, Fiska A. Forearm compartment syndrome synchronous data. Scientific Chronicles 1; 26 (4): 629-644
3. Pasxos K.A., **Karanikas M.**, Vlachos K., Fiska A. updating on the diagnosis and treatment of symptomatic and occasional Meckel diverticulum. Surgical Chronicles 1; 26 (4): 614-628

26.B. PARTICIPATION IN PUBLISHED BOOKS

1. **M. Karanikas**, D. Kafetzis, C. Chatzidimitriou, S. Papadopoulou, K. Tzelepis, A. Vouzas, C. Christakis. **Synchronous cancers**. Page 8-9. Developments in Surgery 2002. Modern diagnostic and therapeutic approaches. Synedron Publications. ISBN: 960-8004-25-X
2. Ch. Chatzidimitriou, K. Tzelepis, S. Papadopoulou, D. Kafetzis, **M. Karanikas**, A. Vouzas, C. Christakis. **Large-sized retroperitoneal liposarcoma**. Page 232-233. Developments in Surgery 2002. Modern diagnostic and therapeutic approaches. Synedron Publications. ISBN: 960-8004-25-X
3. **Michael Karanikas**. **Functional unit and breast perfusion**. Page 95-100. Oncology Issues 2003.

26.C. FULL PUBLICATIONS IN MEDICAL DATABASES PUBMED-SCOPUS-GOOGLE SCHOLAR

Published: 56

Publications in Pubmed: 48

Publications in Scopus: 378

Position among the authors

- 1st in: 11
- 2nd in: 3
- 3rd in: 13
- Another position in: 29

Impact Factor

- Total: 69,501

Citations

- Google-Scholar: 587
- Scopus: 282

h-index (Google-Scholar)(Harzing's Publish or Perish): 15

g-index: 23

h-index (SCOPUS): 10

1. Christakis C, Vaklavas C, Kontos N, Chatzidimitriou C, Tzelepi K, **Karanikas M**, Christakis E. **Pelvic reconstruction of the retroperitoneum after abdominoperineal resection of the rectum using full-thickness skin grafts**. Tech Coloproctol. 2004Nov;8 Suppl 1:s85-8. PMID: 15655654 [PubMed]. [Scopus]
2. Christakis C, Chatzidimitriou C, Kontos N, Papadopoulou S, **Karanikas M**. **Use of intraluminal stapler device for creation of a permanent colostomy**. Tech Coloproctol. 2004Nov;8 Suppl 1:s93-6. PMID: 15655656 [PubMed] [Scopus]

3. Christakis C, Christakis E, **Karanikas M**. **Creation of a permanent colostomy with the use of an intraluminal stapler device**. Surg Technol Int. 2005;14:171-5. PMID: 16525970 [PubMed] [Scopus]
4. Efremidou EI, Liratzopoulos N, Papageorgiou MS, **Karanikas M**, Pavlidou E, Romanids K, Manolas KJ. **Peptic ulcer perforation as the first manifestation of previously unknown primary hyperparathyroidism**. Case Rep Gastroenterol. 2007 Jun 22;1(1):21-6. DOI: 10.1159/000104224 PMID: 21487467 [PubMed]
5. Kakagia DD, Kazakos KJ, Xarchas KC, **Karanikas M**, Georgiadis GS, Tripsianis G, Manolas C. **Synergistic action of protease-modulating matrix and autologous growth factors in healing of diabetic foot ulcers. A prospective randomized trial**. J Diabetes Complications. 2007 Nov-Dec;21(6):387-91 DOI:10.1016/j.jdiacomp.2007.03.006 PMID: 17967712 [PubMed] [Scopus]
6. Efremidou E, Papageorgiou M, Kouklakis G, **Karanikas M**, Liratzopoulos N, Manolas KJ. **Acute abdomen due to perforation of cecal metastasis from ductal breast carcinoma: Case report and review of the literature**. Chirurgia April 2008;21(2): 115-117 Index EMBASE, [Scopus]
7. Birbilis T, Zazos P, Liratzopoulos N, Oikonomou A, **Karanikas M**, Kontogiannidis K, Kouklakis G. **Spontaneous bowel perforation complicating ventriculoperitoneal shunt: a case report**. Cases J. 2009 Aug 7;2:8251. doi: 10.4076/1757-1626-2-8251. PMID: 19918409 [PubMed] [Scopus]
8. Papageorgiou MS, Liratzopoulos N, **Karanikas M**, Efremidou EI, Minipoulos G, Manolas KJ. **Epidemiology and survival of patients with well-differentiated thyroid cancer subjected to total thyroidectomy in Thrace area, Northern Greece: a 20-year experience**. Minerva Chir. 2010;65:137-43 PMID:20298661 [PubMed] [Scopus]
9. Papageorgiou MS, Liratzopoulos N, Efremidou EI, **Karanikas M**, Minipoulos G, Manolas KJ. **Multifocality of thyroid carcinomas: a "privilege" of papillary tumors or not?** G Chir.10 Jan-Feb;31(1-2):20-3. PMID:20298661 [PubMed] [Scopus]
10. Touzopoulos P, **Karanikas M**, Zarogoulidis P, Mitrakas A, Porpodis K, Katsikogiannis N, Zervas V, Kouroumichakis I, Constantinidis TC, Mikroulis D, Tsimogiannis KE. **Current surgical status of thyroid diseases**. J Multidiscip Healthc. 2011;4:441-9. doi: 10.2147/JMDH.S26349. Epub 2011 Dec 14. PMID: 22247619 [PubMed] [Scopus]
11. K. Amarantidis, N. Xenidis, L. Chelis, E. Chamalidou, P. Dimopoulos, P. Michailidis, A. Tentes, S. Deftereos, **M.Karanikas**, A. Karayiannakis and S. Kakolyris. **Docetaxel plus Oxaliplatin in combination with Capecitabine as 1st-line treatment for advanced gastric cancer**. Oncology 2011;80:359-365 doi: 10.1159/000330199. Epub 2011 Jul 29. PMID: 21811088 [PubMed] [Scopus]
12. Touzopoulos P, Zarogoulidis P, Mitrakas A, **Karanikas M**, Milothridis P, Matthaios D, Kouroumichakis I, Proikaki S, Pavlioglou P, Katsikogiannis N, Constantinidis TC. **Occupational chemical burns: a 2-year**

- experience in the emergency department.** J Multidiscip Healthc. 2011;4:349-52. doi: 10.2147/JMDH.S25141. Epub 2011 Oct 3. PMID: 22096339 [PubMed] [Scopus]
13. Porpodis K, Konoglou M, Zarogoulidis P, Kaimakamis E, Kontakiotis T, Papakosta D, Zervas V, Katsikogiannis N, Courcoutsakis N, Mitrakas A, Touzopoulos P, **Karanikas M**, Zarogoulidis K, Markopoulou A. **Pulmonary thromboendarterectomy after treatment with treprostenil in a chronic thromboembolic pulmonary hypertension patient: a case report.** Int J Gen Med. 2011;4:767-72. DOI: [10.2147/IJGM.S26494](https://doi.org/10.2147/IJGM.S26494)) Epub 2011 Nov 8 PMID: 22114523 [PubMed]
14. Oikonomou A, Michailidou E, Deftereos S, **Karanikas M**, Spanoudakis E, Prassopoulos P. **Synchronous small bowel lymphoma and hepatocellular carcinoma.** URL:<http://www.eurorad.org/case.php?id=9151> DOI: 10.1594/EURORAD/CASE.9151
15. Siasios J, Foutzitzi S, Deftereos S, **Karanikas M**, Birbiis T. **The traumatic brain injury: diagnosis and management at emergency department by general surgeon. A retrospective critical analysis on the use of the CT head scan.** Turk Neurosurg. 2011;21(4):613-7. doi: 10.5137/1019-5149.JTN .3749-10.1. PMID: 22194124 [PubMed] [Scopus]
16. Georgios K. Matis, Apostolos J. Tsiouris, **Michail A. Karanikas**, Theodossios A. Birbilis, Danilo O. de A. Silva, Olga I. Chrysou, Antonio Bernardo, Philip E. Stieg. **Traumatic Brain Injuries and Diffusion Tensor Imaging – A review.** Recent Patents on Medical Imaging. [BSP/RPTMI/E-Pub/00002] 2011;Volume 2 Issue 1, ISSN:1877-6132,p:36-50. <http://eurekaselect.com/97703/article> DOI: 10.2174/1877613211202010036 [Scopus]
17. Porpodis K, **Karanikas M**, Zarogoulidis P, Kontakiotis T, Mitrakas A, Esebidis A, Konoglou M, Domvri K, Iordanidis A, Katsikogiannis N, Courcoutsakis N, Zarogoulidis K. **A case of typical pulmonary carcinoid tumor treated with bronchoscopic therapy followed by lobectomy. Case report.** J Multidiscip Healthc 2012;5 47–51. doi: 10.2147/JMDH.S29709. Epub 2012 Feb 16. PMID: 22396625 [PubMed] [Scopus]
18. **Karanikas M**, Touzopoulos P. Mitrakas A, Zesos P, Zarogoulidis P, Machairiotis N, Efremidou E, Liratzopoulos N, Polychronidis A, Kouklakis G. **Benign post-radiation rectal stricture treated with endoscopic balloon dilation and intralesional triamcinolone injection.** Case Reports In Gastroenterology 2012; 6:583–589. DOI: 10.1159/000343159 Epub 2012 Sep 18, PMID: 23271987 [PubMed] [Scopus]
19. Zarogoulidis P, Kontakiotis T, Tsakiridis K, **Karanikas M**, Simoglou C, Porpodis K, Mitrakas A, Esebidis A, Konoglou M, Katsikogiannis N, Zervas V, Aggelopoulou C, Mikroulis D, Zarogoulidis K. **Difficult Airway and Difficult Intubation in Post-Intubation Tracheal Stenosis: a case report and review of the literature.** Therapeutics and Clinical Risk Management 2012;8:279-286. doi: 10.2147/TCRM.S31684. Epub 2012 Jun 27. PMID: 22802693 [PubMed] [Scopus]

20. Konstantinos Porpodis, **Michael Karanikas**, Paul Zarogoulidis, Maria Konoglou, Kalliopi Domvri, Alexandros Mitrakas, Panagiotis Boglou, Stamatia Bakali, Alkis Iordanidis, Vasilis Zervas, Nikolaos Courcoutsakis, Nikolaos Katsikogiannis, and Konstantinos Zarogoulidis. **Fat embolism due to bilateral femoral fracture: a case report.** *Int J Gen Med.* 2012; 5: 59–63. doi: 10.2147/IJGM.S28455. Epub 2012 Jan 16. PMID: 22287848 [PubMed] [Scopus]
21. Georgios K. Matis, Danilo O. de A. Silva, Olga I. Chrysou, **Michail A. Karanikas**, Theodossios A. Birbilis, Antonio Bernardo, Philip E. Stieg. **Giuseppe Gradenigo: Much more than a syndrome! Historical Vignette.** *Surg Neurol Int* 2012, Vol 3/ Is 1:122. DOI: 10.4103/2152--7806.102343 PMID: 23055950 [PubMed]
22. **Karanikas M**, Machairiotis N, Zarogoulidis P, Stylianaki A, Courcoutsakis N, Mitrakas A, Touzopoulos P, Lyratzopoulos N, Kouklakis G, Spanoudakis M, Polychronidis A. **Non-Hodgkin lymphoma and GIST: molecular pathways and clinical expressions.** *Onco Targets Ther.* 2012;5:433-8. doi: 10.2147/OTT.S38645. Epub 2012 Dec 12. PMID: 23251094 [PubMed] [Scopus]
23. **Michael Karanikas**, Panagiotis Touzopoulos, Paul Zarogoulidis, Alexandros Mitrakas, Nikolaos Courcoutsakis, Nikolaos Liratzopoulos, George Kouklakis, Alexandros Polychronidis. **Tuberculosis in the Peritoneum, not Too Rare After All.** *Case Reports in Gastroenterology* 2012;6:369–374 DOI: 10.1159/000339764. Epub 2012 Jun 19 PMID: 23055950 [PubMed] [Scopus]
24. Georgakarakos EI, Nikolopoulos ES, **Karanikas MA**, Mantatzis M, Lazarides MK. **Successful endovascular treatment of a ruptured gigantic pseudoaneurysm of the common iliac artery secondarily complicated by infection.** *Vascular.* 2013 Jun;21(3):189-91. DOI:10.1258/vasc.2011.cr0327 PMID: 22983544 [PubMed] [Scopus]
25. Matis GK, Silva DO, Chrysou OI, **Karanikas M**, Pelidou SH, Birbilis TH, Bernardo A, Stieg P. **Virtual reality implementation in neurosurgical practice: The "Can't take my eyes off you" effect.** *Turkish Neurosurgery,* 2013;23(5):690-1. PMID: 24101322 [PubMed] [Scopus]
26. D Askitis, E Efremidou, **M Karanikas**, A Mitrakas, G Tripsianis, A Polychronidis, N Liratzopoulos. **Incidental Thyroid Carcinoma Diagnosed after Total Thyroidectomy for Benign Thyroid Diseases: Incidence and Association with Thyroid Disease Type and Laboratory Markers.** *Int J Endocrinol.* 2013;2013:451959. doi: 10.1155/2013/451959. Epub 2013 Nov 20. PMID: 24348554 [PubMed] [Scopus]
27. Kakagia D, Trypsiannis G, **Karanikas M**, Mitrakas A, Lyratzopoulos N, Polychronidis A. **Patient-related delay in presentation for cutaneous squamous cell carcinoma. A cross-sectional clinical study.** *Onkologie* 2013;36(12):738-44. doi: 10.1159/000356834. Epub 2013 Nov 20. PMID: 24356565 [PubMed] [Scopus]
28. Panagopoulos P, Terzi I, **Karanikas M**, Galanopoulos N, Maltezos E. Myocarditis, pancreatitis, polyarthritis, mononeuritis multiplex and vasculitis with symmetrical peripheral gangrene of the lower extremities as a

- rare presentation of leptospirosis: a case report and review of the literature. *J Med Case Rep.* 2014 May 14;8:150. doi: 10.1186/1752-1947-8-150. PMID: 24885926 [PubMed] [Scopus]
29. V.D.Souftas, M. Kosmidou, **M. Karanikas**, D. Souftas, G. Menexes, P. Prassopoulos. **Symptomatic Abdominal Simple Cysts: Is Percutaneous Sclerotherapy with Hypertonic Saline and Bleomycin a Treatment Option?** *Gastroenterology Research and Practice* 2015;2015:489363 doi: [10.1155/2015/489363](https://doi.org/10.1155/2015/489363). Epub 2015 Mar 23. PMID: 25878660 [PubMed] [Scopus]
30. Matis GK, Chrysou OI, Silva D, **Karanikas MA**, Baltasvias G, Lyratzopoulos N, Baroutas S, Birbilis TH. **Prediction of Lumbar Disc Herniation Patients' Satisfaction with the Aid of an Artificial Neural Network.** *Turk Neurosurg.* 2016;26(2):253-9. doi: 10.5137/1019-5149.JTN.8492-13.0.PMID: 26956822 [PubMed] [Scopus]
31. Ilias Karapantzos, Paul Zarogoulidis, **Michail Karanikas**, Vasilis Thomaidis, Charalampos Charalampidis, Chrysa Karapantzou. **A Focus on Current Molecular Pathways in Head and Neck.** *Oncomedicine* 2016, Vol. 1 2016;1:28-34. doi: 10.7150/oncm.16930
32. **Michail Karanikas**, Ferdi Bozali, Vasileia Vamvakerou, Markos Markou, Zeinep Tzoutze Memet Chasan, Eleni Efraimidou, Theodossis S. Papavramidis. **Biliary tract injuries after lap cholecystectomy—types, surgical intervention and timing.** *Annals of Translational Medicine.* 2016; 4(9): 163. doi: 10.21037/atm.2016.05.07 PMID: 27275476 [PubMed] [Scopus]
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